

Halifax metro

You heard right
**IT'S STILL HIP
TO BE SQUARE**
metroLIFE



Happy International Women's Day | WEDNESDAY, MARCH 8, 2017

High 8°C/Low 1°C Rain

TAXI VERDICT



People turned out in the hundreds to protest last week's ruling by Judge Gregory Lenehan at Grand Parade on Tuesday afternoon.

JEFF HARPER/METRO

Passenger among protesters

RALLY

Crown gives six reasons why judge erred in decision



Haley Ryan
Metro | Halifax

As hundreds of people gathered to raise their voices in protest against a Halifax judge's recent sexual assault acquittal, the woman at the centre of the case stood amongst them as another face in the crowd.

The passenger in the case around taxi driver Bassam Al-Rawi said she originally didn't want to attend the downtown rally against Judge Gregory Lenehan's ruling, but on Tuesday she saw the Crown would be appealing the case and began "feeling the excitement around the city."

"I didn't talk to anybody, I just kind of watched," she said. The woman, whose identity is protected by a publication ban, said she had mixed feelings on the Crown's appeal, which includes six specific examples

where they say Lenehan erred in his decision. "It was a big relief, with just an undertone of dread that it might end up leading to a retrial. But I mean all in all, the good outweighs the bad there," she said.

The woman said she was happy to see the Crown cite multiple grounds, since she felt there wasn't just one area that

should've been examined. "I feel like they definitely hit on every kind of issue I had had with the decision," she said.

The Court of Appeal still must decide whether a retrial could happen, and while the woman said she knows it will likely be a long time before she'd possibly testify, she's prepared for much more public attention.

In a way, the woman said the

publicity could make it easier because the first time around only reporters and Al-Rawi's supporters were there, so average citizens crammed into the courtroom "would honestly make a difference."

"(There's) something that's gratifying about people who don't even know you coming out to support. That's been really cool," she said.



"I was meant to be an Event Planner."

Complete our Event and Promotions Planning program in just one year.

Hands-on training on how to develop, plan, manage, execute and evaluate a successful event. Work in tourism, sports, entertainment, corporate, and fundraising events.

The only program of its kind in the Maritimes!

**APPLY
NOW**

daVinci
COLLEGE

davincicollege.org

1.866.429.1847

1577 Barrington St.

HALIFAX, NS B3J 1Z7





TAXI VERDICT

GOVERNMENT

Premier speaks on verdict

Since a Halifax judge's controversial "a drunk can consent" ruling there have been outpourings of protests, anger and disappointment.

Nova Scotia Premier Stephen McNeil joined the groundswell on Judge Gregory Lenehan's choice of words while finding a Halifax cabbie not guilty of sexual assault last week.

"I obviously can't speak about the particular case, but I can tell you on a personal level the anger I felt, quite frankly," he said.

"I cannot even come close to imagining what that young woman and family is feeling. I'm mad, quite frankly, at the system."

McNeil says if that's the benchmark for consent then the law needs review.

"To me there is a bigger, broader issue of consent and what does that mean in the Criminal Code. It's not just this case — I don't want to take away from this case, but we're hearing them across the country."

McNeil says his government has invested in training staff on how to deal with sexual assault of any kind.

"We live in a great part of Canada and the globe, but that means when something happens we need to be prepared to deal with it and deal with it appropriately and put in place all the supports that are required for people to deal with it," he said. TC MEDIA

+ MCNEIL

■ Metro Halifax had twice reached out to McNeil for comment on the decision, including Monday, and he wasn't made available.

Crown: Judge 'should have' found cabbie guilty

COURT

Decision to appeal ruling applauded by advocates



Haley Ryan
Metro | Halifax

Less than a week after Judge Gregory Lenehan acquitted a Halifax taxi driver of sexual assault in a controversial decision hinging on consent, the Public Prosecution Service in Nova Scotia says he "could have and should have" found the driver guilty based on multiple grounds.

On Tuesday, the province's Public Prosecution Service (PPS) released a statement outlining six specific grounds for appeal in the case involving taxi driver Bassam Al-Rawi, plus anything else that may appear later from a review of the record.

Although Jennifer MacLellan, Q.C., Senior Crown Counsel said the PPS was "certainly aware" of the public outcry around Lenehan's decision, including his wording like "clearly, a drunk can consent," public attention can't play a role in which appeals are brought forward.

"We have to be dispassionate and independent, and look at a decision that is rendered, and make a determination if there is an error of law," MacLellan said in a phone interview.

MacLellan said the Crown counsel in the court process referred Lenehan's decision to the appeals branch, who then reviewed it and decided there



Cab driver Bassam Al-Rawi enters Halifax Provincial Court prior to being acquitted of sexual assault last week. **The Crown released a statement listing several errors of law in Judge Gregory Lenehan's ruling as grounds to pursue an appeal of the verdict.** JEFF HARPER/METRO

This case demonstrates the need to clarify further the law of consent. Jackie Stevens

were errors in law.

The passenger in the May 2015 case was found by police in Al-Rawi's cab around 1:20 a.m. passed out after a night of drinking. Her belongings were spread around the car as she lay in the backseat with her feet up on the two front seats, only a shirt partially covering her breasts.

Her pants were also damp because she urinated on herself, and would have had a concentration of up to 244 milligrams of alcohol in 100 millilitres of blood, according to evidence.

In his decision, Lenehan said he was acquitting Al-Rawi because the Crown had not proven a "lack of consent," and while he believed the passenger's pants were removed by Al-Rawi he didn't know if that was "at her request" or not.

"The judge erred in finding that the Crown had produced no evidence of lack of consent ... the circumstantial evidence was there in which the trial judge could have, and should have, found that Mr. Al-Rawi was guilty," MacLellan said.

The next step is having police personally serve Al-Rawi, MacLellan said, then the matter will be sent to the Nova Scotia Court of Appeal to be heard by three judges. There will be dates assigned for each side to file written arguments, and finally an oral hearing, she said.

MacLellan added she "really can't say" how long it will be until a hearing is held.

The Crown's appeal has drawn applause from many Halifax advocates, including the Avalon Sexual Assault Centre.

"This case demonstrates the need to clarify further the law of consent in the context of intoxication," executive director Jackie Stevens said in a release.

ERROR OF LAW

The statement said Judge Lenehan erred in law by:

- Concluding the Crown had offered no evidence of lack of consent from the complainant
- Engaging in speculation about consent rather than drawing inferences from the facts proven in the evidence
- Failing to give proper legal effect to the facts
- Offering an erroneous interpretation and application of the test for capacity to consent
- Failing to direct himself on the provisions of Section 273.1 of the Criminal Code, which deals with aggravated sexual assault
- Failing to determine whether the accused had taken all reasonable steps to ascertain that the complainant was consenting



Judge Gregory Lenehan
COURTESY CBC

TAXI INDUSTRY

City to examine appeals process for licences, code of conduct

In a debate on whether the city should examine licence appeals and taxi drivers' code of conduct, one councillor said they must restore faith in the system because "women are scared."

On Tuesday, regional council unanimously passed Coun. Wayne Mason's motion asking staff for

a report with "options, recommendations and best practices" regarding the way council manages licensing appeals, as well as strengthening standards of conduct in the Taxi By-Law to include a duty of care.

That could include changing the Appeals Standing Commit-

tee's responsibilities and transferring them to a new tribunal of lawyers and people with licensing experience.

"There's a huge grey space between being criminally guilty to something, and whether or not you should be allowed to drive a cab in this city," Mason said.

The motion comes in light of taxi driver Bassam Al-Rawi being acquitted last week of sexually assaulting a passenger who was found drunk and passed out in his cab in a 2015 incident.

Councillors were divided on whether they felt qualified to be hearing licence appeals from

someone facing criminal charges, while those that sat on the Appeals Committee in 2015 said their decision to give Al-Rawi back a conditional licence was based on the judge's direction he could drive before 6 p.m.

"That was from the judge. I figured the judge had far more

information in this case than I did as a member of council or member of the committee," Coun. Steve Adams said.

Coun. Lisa Blackburn said the motion doesn't admit the system is broken, but explores whether there are better ways of doing things. HALEY RYAN/METRO

TAXI VERDICT

METRO ASKS

Why are you here?

The ambient city sounds of downtown Halifax were drowned out by cheering and shouting as hundreds of people gathered in protest at Grand Parade on Tuesday.

Both women and men gathered in the square around 3 p.m. with signs, their voices and even drums to protest Judge Gregory Lenehan's conduct and decision in last week's acquittal of Bassam Al-Rawi. A handful of gatherers stepped up to speak to the crowd, leading them in chants, songs and speaking about personal experiences. At 4 p.m., the crowd began to march out of the square and up to the old library across from the court house, shouting chants like "No means no" and "We want justice" along the way. **CODY MCEACHERN/FOR METRO**



People turned out in the hundreds to protest last week's ruling by Judge Gregory Lenehan at Grand Parade on Tuesday afternoon. **JEFF HARPER/METRO**

Because I think the judge in this case made the wrong decision. I know he has to follow the law, and I believe he has, but sometimes the rule of law is wrong and needs to be clarified. I protested for women's rights in the 60's and I'm still doing it in 2017.

To spread the love. People need to know we stand with the women who have been assaulted, and this is happening too much in Halifax. It needs to be stopped, to be rectified and this judge needs to step down and get some counseling on how to treat women.

To support all women who've been affected by sexual assault and in solidarity with all those who need support from the law who obviously aren't getting it when they need it most.

To hopefully push forward the idea that sexual assault is regularly happening and that we need to hold people who are perpetrating such things accountable for them. We need to make sure people who are victims of sexual assault feel they can come forward and something will be done, not be brushed aside.

In support of my daughter and all women, to be honest. My daughter has the same judge and the same case coming up, and I hope there is justice.

Because we need the justice system to change. Our voices are just being swept under the rug and it's really disgusting that this happened once again to another female. I am tired of waking up every morning and hearing the news that survivors are not getting the justice they deserve.

PHOTOS: CODY MCEACHERN/FOR METRO



Maureen White



Anna Mistak



Rachel Doucet



Jeff Bowes



Deidra Caldwell



Jenelle Clarke

"I want to help others in their time of need."

Train to become a Counsellor in 14 months.

Our program prepares you to work as a counsellor in addictions, mental health, victims of abuse, at-risk youth and many more.

Our Counselling Skills/Social-Human Services Program is proudly accredited by:



Still time to start on March 27th!

800 Sackville Dr., Lower Sackville, NS, B4E 1R8

Counselling Skills / Social-Human Services

successcollege.ca 902.865.8283

Decision brewing in 'tax' case at supreme court

COURT

Halifax beer-maker challenging province's fee



Zane Woodford
Metro | Halifax

A Nova Scotia Supreme Court judge reserved his decision Tuesday in the case of a Halifax craft brewer's legal challenge of what it argues is an unconstitutional tax.

Justice Glen McDougall heard arguments in Nova Scotia Supreme Court Tuesday from lawyer Richard Norman, representing Unfiltered Brewing, and Edward Gores and Debra Brown, Nova Scotia Department of Justice Lawyers representing the Nova Scotia Liquor Corporation (NSLC) and the Attorney General of Nova Scotia.

Norman argued the NSLC's Retail Sales Mark-up Allocation (RSMA) is unconstitutional because it's a tax, and the corporation doesn't have the legal authority from the province to charge taxes.

Gores and Brown argued the RSMA is not a tax, but rather a proprietary levy or regulatory fee paid by Unfiltered Brewing for the privilege of selling its beer at its own storefront.

The RSMA is currently a 50-cent-per-litre fee charged to



Premier Stephen McNeil speaks during a craft beer announcement at Garrison Brewing last December. A craft brewer has argued the province's Retail Sales Mark-up Allocation is unconstitutional. JEFF HARPER/METRO FILE

craft brewers who sell, sample or give away their beer outside of NSLC locations, including at bars or restaurants.

The provincial government announced in December 2016 that the fee would change in April 2017 to five per cent of a brewer's wholesale price, bring-

ing it in line with the fee charged to craft distillers and wineries — a long-time request from the industry, which argued it had been paying twice as much. The province expected the RSMA to bring in about \$1.2 million in revenue this fiscal year.

Unfiltered Brewing has been

in business since 2015, and Norman said earlier this year the company had forked over \$35,000 in RSMA payments to the NSLC. The legal challenge seeks to recoup that money and have the RSMA declared invalid on the basis that it's unconstitutional.

In court Tuesday, Norman argued that because Unfiltered Brewing has no choice but to pay the fee, and the revenue from it goes into the provincial treasury, it's a tax.

What makes it unconstitutional, he said, is that the provincial government has never expressly legislated taxation powers for the NSLC.

Gores and Brown argued Unfiltered Brewing applied for and signed permits for manufacturing and selling beer, and agreed to pay the RSMA as one of the conditions of the permits. That agreement, they argued, means the fee is not a tax.

Gores also asked if McDougall rules in favour of Unfiltered Brewing, he suspend any declaration of invalidity for six months to give the government time to draft a new law, arguing the loss of revenue "could have a harmful impact on the province's ability to maintain a balanced budget and level some services and funding."

Norman argued against that, and said in an interview after the hearing that Unfiltered Brewing — and any other brewer who feels they shouldn't have paid the tax — should be paid right away.

"Why wait? If the money has been taken unconstitutionally then I think it should be refunded right away," he said.

Edward Gores and Debra Brown, along with representatives from the NSLC, declined to comment on the case.

POPULATION DECLINE

Politician says farms can grow county

A municipal leader in a rural Cape Breton county with a fast-shrinking population says agricultural immigration may be part of the solution.

The warden of Inverness County said she's concerned that Statistics Canada figures are showing a 4.3-per-cent drop in residents of the western Cape Breton area since 2011.

During the monthly meeting on Monday, Betty Ann MacQuarrie said local politicians are having to look at ways of repopulating emptying rural areas. She says the county municipality believes agricultural immigration needs to be part of the solution.

The southern portion of the municipality has seen an even sharper decline, losing over five per cent of its people.

In eastern P.E.I., the Belfast Development Corp. recently endorsed a plan that aims to create an inventory of land that could be used to attract young families to the rural area. THE CANADIAN PRESS

IN BRIEF

Elderly woman finds bullet hole in her window

An elderly Truro woman found a bullet hole in her bedroom window on Sunday morning. The woman, who asked that her name not be used, is in her 90s and has been a resident of the east end for decades. Police are investigating. TC MEDIA

MARCH MALIBU MARKDOWN MADNESS

FINANCE AS LOW AS

\$65 * PER WEEK!

SAVE \$6500
ON REMAINING 2016 MALIBUS

636 PORTLAND ST.,
DARTMOUTH, NS
PHONE: 902.982.3817
WWW.STEELECHEV.COM

Steele
CHEVROLET GMC

* All rebates to dealer. Tax inclusive savings. Payments are plus tax, freight & fees.



SCARE AT DENTAL OFFICE THIS TIME IT WASN'T THE DENTIST Police say there were no injuries after staff and patients inside a Halifax dental office were given a scare when a car crashed into the entrance area. Halifax Regional Police were called at 10:05 a.m. Tuesday to Trimac Dental Centre. It's unclear what led to the crash, which caused front-end damage to the car and extensive damage to the front of the building located in the Halifax Shopping Centre Annex. JEFF HARPER/METRO

New committee on classrooms set up

SCHOOLS

Province fulfils pledge made to teachers during dispute

The Nova Scotia government has announced the members of a new committee that will look into improving conditions in the province's public school classrooms.

In all, 14 people are expected to take part on the committee, which was promised by the provincial government during a protracted labour dispute with Nova Scotia's 9,600 teachers.

Last month, the Liberal majority government passed legislation to impose a contract on the teachers, ending a 16-month dispute that largely focused on classroom conditions and problems with in-

800

Number of teachers who applied to serve on the council.

cluding special needs students in the classroom.

The teachers held a one-day strike Feb. 21 to protest the legislation. It was the first time in the union's 122-year history that members had walked off the job.

The members of the new Council to Improve Classroom Conditions include nine classroom teachers, chosen by school board superintendents.

As well, the council includes a student, parent, and guidance counsellor appointed by the province, as well as co-chairs from the Department of Education and the Nova Scotia Teachers Union.

ers Union.

"The council is a first for our province," said Education Minister Karen Casey. "It reflects the perspectives of those most involved in the education system — teachers, parents and students. Meaningful change cannot happen without their input and guidance."

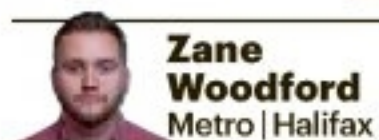
The council, which will first meet March 21, has a \$20-million budget that is expected to be spent over two years, with its initial recommendations expected no later than April 28.

"We continue to have questions about how this council will operate moving forward," said NSTU president Liette Doucet. "Will the meetings be held in public? Will the meeting minutes be published? If a member disagrees with a decision of the council, will there be a mechanism to register a dissenting opinion?"

THE CANADIAN PRESS

COUNCIL

Halifax to poll the public on campaign finance reform



Zane Woodford
Metro | Halifax

How do you think Halifax regional council elections should be financed?

The municipality will be asking that question after regional council voted unanimously at its Tuesday meeting to direct staff to launch a public consultation process on campaign

finance reform ahead of the next election in 2020.

Council passed a similar motion last April, asking staff to consult the public on election campaign spending limits, maximum contribution amounts, disclosure requirements, eligibility to contribute, and dates for making contributions.

The report in front of council on Tuesday laid out a plan to

conduct the consultations. The municipality will use its website, social media and events to gather input from the general public on campaign finance reform, and it will directly contact candidates who ran in last year's municipal election.

The process will take two or three months, and when it's finished staff will draft a bylaw for council's approval using the public's comments.

CRIME

Girl, 17, is accused of assault



Philip Croucher
Metro | Halifax

A Halifax girl is facing charges after a taxi driver was assaulted.

The RCMP say they were called to Cassandra Drive in Cole Harbour after the force says a female passenger assaulted the female driver after refusing to pay her fare.

RCMP said when they arrived around 6 a.m. Tuesday,

the accused resisted arrest and assaulted two of its officers.

Spokesman Cpl. Dal Hutchinson of the RCMP said in an interview the accused was intoxicated at the time, which "most definitely" played a part in the assault.

The 17-year-old is facing charges of fraud under \$5,000, assault with a weapon, three counts of assault, resisting arrest and two counts of breaching her probation.

+ INJURIES

- The taxi driver suffered minor injuries during the assault and didn't need medical help.
- The two officers were not hurt.

Hutchinson wouldn't say what the weapon in question was, but noted it was used in a threatening way.

Halifax DIGEST

DRUGS

Fentanyl found during traffic stop

There are more signs of the potentially deadly drug fentanyl on the streets of Nova Scotia.

The Mounties said in a news release that they arrested two men and charged them with trafficking the opioid on Sunday in Chester, on the province's south shore.

The release says investigators stopped the two men and searched them,

and discovered significant quantities of cocaine, crack cocaine and fentanyl pills in their possession.

Thirty-one-year-old Matthew Kevin Glavine of Conquerall Bank and 52-year-old Calvin Stephen Bowles of Bridgewater have both been charged with possession for the purposes of trafficking.

Both men appeared in Bridgewater provincial court on Monday, with Glavine pleading guilty.

THE CANADIAN PRESS

DARTMOUTH

Man robs smoke shop of cash and cigarettes

Halifax Regional Police say a man entered the Sobeys Smoke Shop on Wyse Road in Dartmouth around 1:45 p.m. Monday and demanded cash from the clerk. He fled with a pack of cigarettes and some cash.

The man was described as white, five-foot-10 with an average build and wearing a blue toque, black leather jacket and a grey scarf around his face. METRO



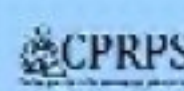
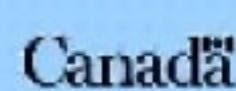
Connect with Education en français!

Did you know French first-language education is offered all across Nova Scotia, for people of all ages?

- Early Childhood Development
- Public Schools — Primary to Grade 12
- Adult French Courses
- Nova Scotia's only French-language University!



To learn more, visit www.EducationEnFrancais.com



150 WAYS of looking at Canada

POSTCARD NO. 36
CYPRESS MOUNTAIN, VANCOUVER, B.C.

HERE IS A PICTURE OF ONE OF OUR FAVORITE SPOTS: CYPRESS MOUNTAIN IN WEST VANCOUVER. WE'RE VERY LUCKY TO HAVE SUCH A FUN MOUNTAIN, IN SUMMER AND WINTER, SO CLOSE, WITH JUST A SHORT DRIVE, YOU CAN HIKE INTO BEAUTIFUL ALPINE TERRAIN, SWIM IN A BRISK MOUNTAIN LAKE, FEED THE WHISKEY JACKS, OR IN THIS CASE, DO SOME AWESOME DOWNHILL SKIING. **BILL NEWMAN**



SEND US YOUR POSTCARD

Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at scene@metronews.ca or post to Instagram or Twitter with the hashtag #150postcards.

PRIVACY

Parliament to vote on genetic testing bill

After a flurry of intense lobbying from insurance companies, health charities, a handful of provinces and the justice minister herself, the fate of a controversial genetic testing bill is now in the hands of Parliament.

MP Rob Oliphant has been shepherding the Genetic Non-Discrimination Act through the House of Commons,

where it is back up for debate and could come to a final vote Wednesday.

The legislation would make it illegal to require someone to undergo or disclose the results of genetic testing as a condition of signing or continuing an insurance policy or any other agreement.

THE CANADIAN PRESS

IN BRIEF

Canada is tops for quality of life, No. 2 overall

For the second year in a row, Canada is the runner-up for world's best country in a global poll.

Switzerland grabbed the No. 1 spot in the survey from US News & World Report, which evaluated 80 countries across 24 rankings. Canada did rank first in the Quality of Life category, scoring a perfect 10. METRO



An RCMP officer warns a family they will be arrested if they cross into Canada from Champlain, N.Y., last month. TORSTAR NEWS SERVICE

Border crackdown worries advocates

IMMIGRATION

1,700 claims at 'irregular' crossings by March 2017

On the eve of the U.S. homeland security secretary's visit to Canada, refugee advocates worry Ottawa could ask the Americans to beef up border enforcement to curb the flow of asylum-seekers coming into the country.

The surge of illegal crossings in recent months is expected to be a key issue on the agenda between Public Safety Minister Ralph Goodale and U.S. Secretary John Kelly.

"They have done it in the past and started arresting people coming up at the border. Canadian officials can ask the Americans to boost enforcement," said Janet

Dench of the Canadian Council for Refugees. "It would be really disturbing if Canada is going to push the U.S. to do that."

The Department of Homeland Security has yet to officially announce Kelly's trip, but Canadian cabinet minister Marc Garneau has told the media it could be as early as Friday. The American embassy in Ottawa would not confirm the meeting.

In the first two months of 2017, some 1,700 refugee claims were filed at the land border across the country, including asylum-seekers who entered outside of an official port of entry, which officials call "irregular" crossings, and those who crossed legally at a border enforcement station.

Quebec, which has seen the highest number of irregular crossings across Canada so far this year, has already received 1,087 land-border claims. That's 43 per cent of the total for all

of 2016.

On Tuesday, Goodale said the government is working on contingency plans should the situation along the border change. Contingencies being considered include the possibility of a larger number of migrants attempting the crossing as the weather improves and threats to the safety of migrants in case of flooding along the Red River near Emerson, Man., another hot spot for irregular crossings.

"We are examining all of that, the physical circumstances, the forces or factors that might pull that migration (away) and others that might push it (toward Canada). I mean all of that is being carefully analyzed," Goodale said.

"As the circumstances evolve, we want to make sure that we've thought it through in advance and we have ourselves in a position to deal with it effectively."

TORSTAR NEWS SERVICE



A new career. A better life.

"I want my life to mean something."

Train to become a Medical Office Administrator in just 13 months.

Medical Office Administration.

APPLY NOW! **Call or Click Today**

Since 1899
45 Alderney Dr. Ste 100
Dartmouth, NS
B2Y 2N6

902-463-6700 **maritimebusinesscollege.com**

2016
BETWEEN
SUPREME COURT OF NOVA SCOTIA
CREDIT UNION ATLANTIC LIMITED
- and -
GREGORY SCOTT LUDDINGTON and LINDA M. LUDDINGTON

Hfx No. 455085
PLAINTIFF
DEFENDANTS

NOTICE OF PUBLIC AUCTION

To be sold at Public Auction under an order for foreclosure, sale, and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

Property: All that piece or parcel of land situate lying and being known as Civic No. 1921 Crowell Road, East Lawrencetown, in the County of Halifax, Province of Nova Scotia being more particularly described in a mortgage made between Gregory Luddington and Linda Luddington, Mortgagors, and Credit Union Atlantic Limited, which mortgage is recorded at the Land Registry Office for the County of Halifax, as Document No. 104445110. The subject property has been migrated to the Land Registry System and is known as PID No. 40679185.

Date of Sale: March 30, 2017.
Time of Sale: 2:30 p.m., local time.
Place of Sale: The Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia B3J 1S7
Terms: Ten per cent (10%) deposit payable by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

SIGNED at Halifax, Nova Scotia on March 6, 2017.
Richard A. Bureau
MORRIS BUREAU
Solicitor for the Plaintiff
307-6080 Young Street
Halifax, NS B3K 5L2

Stephen Kingston, Barrister
McInnes Cooper

'Forces of hate unleashed'

ANTI-SEMITISM

Wave of bomb threats against Jewish centres hit U.S., Canada

Jewish community centres in Toronto and London, Ont., were among several across North America that received bomb threats on Tuesday.

Police say the Miles Nadal Jewish Community Centre in Toronto was evacuated out of "an abundance of caution" in light of threats made in New York, Oregon, Wisconsin, Illinois, Florida, Maryland.

Toronto Mayor John Tory visited the Jewish community centre targeted by the threat, calling the incident "very traumatizing," and New York Mayor Bill de Blasio was at a Jewish community centre to denounce previous threats when he learned of the new ones.

"This is a moment in time, in history, where forces of hate have been unleashed," de Blasio said. "It is exceedingly unsettling."

Federal officials have been investigating more than 120



Toronto police and firefighters direct pedestrians away while a suspicious incident at the Miles Nadal Jewish Community Centre was under investigation on Tuesday. CITY CENTRE MIRROR/METROLAND MEDIA

threats against Jewish organizations in three dozen states since Jan. 9 and a rash of vandalism at Jewish cemeteries. Over the course of Monday evening and Tuesday, there were eight emailed or phoned-in bomb threats in six states plus Ontario, the JCC Association of North

America said.

Also Tuesday, two suburban Jewish community centres in upstate New York were shut down when someone phoned in bomb threats, authorities said. The Jewish Community Center in the Milwaukee suburb of Whitefish Bay was closed for almost two

hours. A Jewish community centre in Portland, Oregon, received a bomb threat, too.

In Providence, Rhode Island, an administrator at the Jewish Community Day School, attached to a synagogue, received a threat Tuesday morning alleging there was a shooter with an assault

“It is exceedingly unsettling.”

Bill de Blasio

rifle on the roof of the building, police said. Police and a K-9 team swept the building; no one was found.

Chicago Jewish Day School on the city's north side was evacuated for a few hours.

In New York, Chief of Detectives Robert Boyce said there were five threats made, including to the New York-based Anti-Defamation League, which also received threats to its offices in Atlanta, Boston and Washington, D.C. The ADL said threats were also made in Florida and Maryland.

White House spokesman Sean Spicer said he shared President Donald Trump's hope that the threats subside.

"We denounce these latest anti-Semitic and hateful threats in the strongest terms," he said. "It is incredibly saddening that I have to continue to share these disturbing reports with you."

THE ASSOCIATED PRESS

Global digest

Official says Trump's wiretap tweets should not be taken literally

The top Republican on the House intelligence committee said he has not seen any evidence to back President Donald Trump's claim that the Obama administration wiretapped him during the 2016 campaign and suggested the news media were taking the president's weekend tweets too literally.

"The president is a neophyte to politics — he's been doing this a little over a year," Rep. Devin Nunes said Tuesday. "A lot of the things he says, I think you guys sometimes take literally."

THE ASSOCIATED PRESS

China angered by South Korean missile defence

U.S. missile launchers and other equipment needed to set up a missile defence system have arrived in South Korea, a day after North Korea test-fired four ballistic missiles into the ocean near Japan.

China responded quickly, saying it will take "necessary measures" to protect itself.

THE ASSOCIATED PRESS

Find your square.



We've always been your square — the focal point of business and social activity in the best part of downtown. We've reimagined your square to enhance the way you want to work, shop, dine, and enjoy your day downtown. New square. Your square. Scotia Square.

SCOTIA  SQUARE

SCOTIASQUARE.COM  

WikiLeaks reveals CIA 'hacking' files

SURVEILLANCE

Documents say spies could access Android, Apple devices

WikiLeaks published thousands of documents Tuesday described as secret files about CIA hacking tools the government employs to break into users' computers, mobile phones and even smart TVs from companies like Apple, Google, Microsoft and Samsung.

The documents describe clandestine methods for bypassing or defeating encryption, antivirus tools and other protective security features intended to keep the private information of citizens and corporations safe from prying eyes. U.S. government employees, including President Donald Trump, use many of the same products and Internet services purportedly compromised by the tools.

The documents describe CIA efforts — co-operating with friendly foreign governments and the U.S. National



WikiLeaks founder Julian Assange addresses media in London in 2016. Experts who've started to sift through the thousands of documents purportedly taken from the CIA's Centre for Cyber Intelligence and released by WikiLeaks says the material said it appeared legitimate — and that the release was almost certain to shake the CIA. BEN STANSALL/AFP/GETTY IMAGES

Security Agency — to subvert the world's most popular technology platforms, including Apple's iPhones and iPads, Google's Android phones and

the Microsoft Windows operating system for desktop computers and laptops.

The documents also include discussions about compromis-

ing some internet-connected televisions to turn them into listening posts. One document discusses hacking vehicle systems, indicating the CIA's

+ IN CANADA

The federal government should be concerned about the WikiLeaks CIA data breach, says a former national security analyst.

Stephanie Carvin of the Norman Paterson School of International Affairs at Carleton University says Canadian material risks being exposed, since Canada and the U.S. are members of the five-country group of intelligence-sharing countries known as the "Five Eyes." THE CANADIAN PRESS

interest in hacking modern cars with sophisticated on-board computers.

WikiLeaks has a long track record of releasing top secret government documents, and experts who sifted through the material said it appeared legitimate.

The chairman of the House intelligence committee, Rep. Devin Nunes, R-Calif., said he was very concerned about the release and had asked the intelligence community for more information about it.

Former CIA Director Mike Hayden told MSNBC he had undertaken only a cursory review of the documents, but that if they were what they were purported to be, it would amount to a "very extensive file of the tactics, techniques, procedures, targets and other political rules" under which the CIA hacks targets. "If it is that, it would be very, very damaging," he said.

Jonathan Liu, a spokesman for the CIA, said: "We do not comment on the authenticity or content of purported intelligence documents." White House spokesman Sean Spicer also declined comment.

Missing from WikiLeaks' trove are the actual hacking tools themselves, some of which were developed by government hackers while others were purchased from outsiders. WikiLeaks said it planned to avoid distributing tools "until a consensus emerges" on the political nature of the CIA's program and how such software could be analyzed, disarmed and published.

THE ASSOCIATED PRESS



THE ART OF STONE

Extensive selection of Brazilian granite and European marble, Italian and Spanish porcelain / ceramic tiles, Counter tops, Flooring, Fireplace, Décor, Outdoor Landscaping & Accessories

Brazilian Granite • \$70 per sq ft
Italian and Greek Marble, Onyx
\$70-\$80 per sq ft

Mon - Sat • 8am - 6pm
 eurostoneandmarble.com • 902-406-7338



MARINE LIFE ELUSIVE BEAKED WHALE SURFACES IN THE AZORES

A rarely spotted whale has been caught on underwater video for the first time ever. The group of True's beaked whales was spotted by a group of German teachers who were on an Azores expedition with schoolchildren. Once the whales were seen on the surface, a member of the group swiftly slipped beneath the surface with a GoPro camera in hand. TEXT: ANDREW FIFIELD/METRO; PHOTO CONTRIBUTED

VIDEO ON THE METRO APP

2016

BETWEEN

SUPREME COURT OF NOVA SCOTIA
 CREDIT UNION ATLANTIC LIMITED
 - and -
 ROY LOUIS SMITH

Hfx No. 457845

PLAINTIFF

DEFENDANT

NOTICE OF PUBLIC AUCTION

To be sold at Public Auction under an order for foreclosure, sale, and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

Property: All that piece or parcel of land situate lying and being known as Civic No. 7 Clarke Street, Dartmouth, in the County of Halifax, Province of Nova Scotia being more particularly described in a mortgage made between Roy Louis Smith, Mortgagor, and Credit Union Atlantic Limited, which mortgage is recorded at the Land Registry Office for the County of Halifax, as Document No. 88509139. The subject property has been migrated to the Land Registry System and is known as PID No. 00043141.

Date of Sale: March 30, 2017.

Time of Sale: 2:00 p.m., local time.

Place of Sale: The Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia B3J 1S7

Terms: Ten per cent (10%) deposit payable by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

SIGNED at Halifax, Nova Scotia on March 1, 2017.

Richard A. Bureau
 MORRIS BUREAU
 Solicitor for the Plaintiff
 307-6080 Young Street
 Halifax, NS B3K 5L2

Stephen Kingston, Barrister
 McInnes Cooper



JESSICA ALLEN ON COMFORT FOOD



After a death in the family, I'm longing for a meal that I'll never eat again.

There's nothing like a good food fight.

Crunchy vs. smooth peanut butter. Milk producers fighting for counter space alongside almond, soy and rice beverages. And home-cooked comfort food stacked up against fine restaurant fare.

That last one is stirring up emotions for political watchers, and for me.

On Sunday, New York Times columnist Frank Bruni asked: "When did we turn into such food snobs here in America, land of the free and home of the Bloomin' Onion?"

He was referring to the mocking of Donald Trump for delighting in a well done steak with a side of ketchup. Teasing Trump for his gauche tastes is "bound to backfire," Bruni argues, not only because it sets up his critics as the "sneering elites" he rails against, but for its hypocrisy. "Let he who is without a bag of microwave popcorn in his cupboard cast the first stone," he writes.

Using that criteria, I could hurl a rock at the president. But expand it to packets of onion soup mix for whipping up a meat loaf, another Trump favourite, and I just called the kettle black.

We don't need Proust to remind us that food is marinated with memory. Although it does help explain why I'll always choose the comforting comestible over the Michelin-starred one. And why, after a recent death in the family, I'm longing for a meal that I'll never be able to make.

After having worked in restaurants for a decade and writing almost exclusively about



Jessica Allen and her brother as children delightfully digging into their Aunt Sandy's roast chicken dinner. CONTRIBUTED

food for many years, my soft spot for meat and potatoes sometimes surprises people. Foie gras can be sublime. But nine times out of 10, I'll take the meatloaf (the secret is to add some sautéed leeks with the packaged soup, ketchup, and pulverized saltines), with a bottle of Barolo. It's about balance.

Jim Harrison, the great American poet and writer who passed away last year, found that equilibrium. He once ate, and wrote about, a 37-course meal prepared by the famed French chef Marc Meneau, but he also once had a Whopper at Burger King and then drove to McDonald's for a second course of French fries.

Harrison had no patience for food snobbery. When "certain Gucci-Pucci-Armani Italians" told him that they'd never sampled one of his favourite dishes, spaghetti and meatballs, because "the dish is an American perversion of Italian cuisine," he'd always reply: "I don't give a s—."

I'm getting there. Not long ago I admitted on national television that I don't like

chicken. A few viewers took this to mean that I am a food snob who thinks poultry is pedestrian. It just depends on the chicken. I occasionally enjoy a quarter chicken dinner (with fries, obviously) from Swiss Chalet.

And my Aunt Sandy's roast chicken is exempt.

For a good decade in my youth, my family, aunts, uncles, and cousins would congregate at her place in Strathroy, Ont., and devour her roast chicken dinners.

Just a couple weeks ago, my mom and I laughed on the phone about how, despite our best efforts, none of us can replicate the meal, not even the boiled potatoes. I can't remember the last time I had it, but if I could choose one last dinner before the Big Light goes out, I told her, it would be Aunt Sandy's roast chicken with all the fixings.

Last Monday, my mom called to tell me that Sandy had suddenly passed away.

While I wrote the obituary in a haze of grief, all I could think about was Aunt Sandy's food. The pots of soup that

nourished us after the Strathroy Santa Claus parade, the labour-intensive shrimp dip, which we obliviously piled high on crackers, and the cabbage rolls that I used to think were "authentic," as in a recipe my grandmother brought over from the old country, but was provided by Vi Moffatt, an English woman who lived across the street.

After the funeral, friends and family piled plates with finger sandwiches, jarred green olives, and thick slices of kielbasa, which I brought from Toronto. Sandy loved the stuff, which she referred to as a rather large part of a horse's anatomy. I was worried that it wouldn't get eaten up. Maybe it was too low-brow. But the kielbasa — all eight feet of it — was the first thing to go.

We shared stories: A cousin confessed he dreams of an IV drip filled with her chicken gravy. Another slipped me a photocopied recipe of her exquisite shrimp dip, which calls for a can of tomato soup, Miracle Whip, and four tins of shrimp. And my mom and Sandy's 16 cousins from Mildmay, Ont., confirmed the stories I've heard for years: how the Strathroy "city kids" delighted in doing the "country kids" farm chores; how five or so chickens in the yard met their death in order to feed the family, which ate in shifts.

On the phone that Monday when my mom called, her pain still raw, she told me that just three days before Sandy died, she'd told her what I'd said about her roast chicken dinner. Sandy was surprised because it was such a simple meal.

"It made her so happy that you remembered," my mom said.

How could I forget?

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

We can not stand by as the U.S. becomes unsafe

It is time for Canada to suspend the Safe Third Country Agreement. In fact, it is past due.

With its policies, Donald Trump's government has declared open season on Muslims and immigrants. The courts struck down the initial travel ban, yet the Trump administration has doubled down on its commitments.

Now the dangerous rhetoric and policy from the West Wing has filtered down to its citizenry.

Jewish community centres and cemeteries are receiving threats. In Washington state Deep Rai, a Sikh man, was shot on his driveway on March 3 by a suspect who reportedly told him to "go back to your country." In Kansas last month, two men were shot, one fatally, by a man who allegedly asked the Indian immigrants if their "status was legal" before opening fire, according to reported witness accounts.

The American government looks set to formalize a system of oppression directed at its racialized citizens and at migrants searching for safety. They must do this without Canada's complacency.

The uptick in migrants claiming asylum by walking across the border is a direct response to the climate of fear that migrants face under Donald Trump. It is also a response to the particular requirements of the Safe Third Country Agreement, which requires refugees declare asylum in the first country they arrive in, with the assumption that both are sanctuaries. This only applies, however, at official bor-

der crossings.

As Vice reported, asylum claimants who mistakenly apply at an official crossing actually risk deportation back to the original country they are fleeing.

Only a broken process penalizes people for using it.

Refugees are risking life and limb to get here; they are telling Canadians that the U.S. is not safe for them. Our government has responded to this urgent message with vagueness and equivocation.

Asked Monday by NDP Leader Thomas Mulcair if the U.S. is still safe for refugees, Prime Minister Trudeau didn't answer directly. On the updated travel ban, Public Safety Minister Ralph Goodale told reporters: "This is a detailed matter with some careful nuances and we're going to be looking at all the details so we can provide Canadians with complete information about everything they need to know."

The responsible course here is to suspend the Safe Third Country Agreement. The moral — and smart — move is to follow up that suspension with a coherent plan to assist refugees arriving from the United States.

We are now on the second iteration of the executive order, which comes well over a month after the chaos sown by the first. Despite calls from a number of legal organizations to suspend the agreement, including Harvard Law School, the Canadian Civil Liberties Association and Amnesty International Canada, our government has stood still.

Migrants have not. They cannot afford to.



Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shroot

MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfohalifax@metronews.ca
General phone 902-444-4444

FREE TO SHARE 

PHILOSOPHER CAT
by Jason Logan

I WOULD ALWAYS RATHER BE HAPPY THAN DIGNIFIED.



CHARLOTTE BRONTE

Philosopher cat now at
www.mymetrostore.ca

Foie gras can be sublime. But nine times out of 10, I'll take the meatloaf.



3 TREATS TO MAKE SQUARES HIP AGAIN

Sure, squares are considered the domain of grandmothers and church cookbooks. But these somewhat frumpy delicacies have stood the test of time for a reason. All but the fanciest are faster and simpler than cookies, and all are satisfyingly chewy and extremely shareable. Yet squares have been supplanted by trendier fare: finicky macarons, over-iced and over-priced cupcakes and preposterous cronuts. We think the humble bar cookie deserves more love. Sometimes, cutting corners can be a good thing. Here are some favourite recipes to get you started. **GENNA BUCK**



The humble, almost retro square could be primed for a timely kitchen comeback. ISTOCK



3 Chocolate almond toffee bars

These treats — which are similar to a coconut-laden southern speciality, the Hello Dolly square — are one of TV chef Anna Olsen's most requested recipes.

Ingredients:

- 1 1/2 cups rolled oats
- 1/2 cup graham cracker crumbs
- 1/4 tsp fine salt
- 1/2 cup unsalted butter, melted
- 1 cup Skor toffee bits
- 1 cup chocolate chips
- 1 cup sliced almonds
- 1 can sweetened condensed milk

Directions:

1. Preheat the oven to 350°F (180°C). Grease and line an 8-inch square pan with parchment paper so that the paper hangs over the sides of the pan.

2. Stir the oats, graham crumbs and salt in a bowl to combine, then stir in the melted butter. Press the crumbly oat mixture into the prepared pan. Sprinkle Skor bits evenly on top, followed by chocolate chips and sliced almonds.

3. Pour condensed milk evenly over pan. Bake for 30 to 40 minutes, or until the top is golden brown and the edges are bubbling.

4. Cool to room temperature in the pan, then chill for at least 4 hours before slicing into bars.

IN THE KITCHEN WITH ANNA: NEW WAYS WITH THE CLASSICS, WHITECAP BOOKS

1 Browned butter crispy rice treats

Deb Perelman, the home chef behind the Internet sensation Smitten Kitchen, is an evangelist for this modernized version of a classic after-school snack. They take "five minutes, tops" longer than the traditional version, Perelman wrote, and if you're willing to share, "get ready to make friends."

Ingredients:

- 1/2 cup unsalted butter, plus extra for the pan
- 1 (285-gram) bag marshmallows
- Heaping 1/4 teaspoon coarse sea salt
- 6 cups crispy rice cereal

Directions:

1. Butter an 8-inch square cake pan with 2-inch sides.



2. In a large pot, melt butter over medium-low heat. Watch carefully. As soon as the butter takes on a nutty color, turn the heat off and stir in the marshmallows. Stir until the marshmallows are smooth.

3. Remove the pot from the stove and stir in the salt and cereal. Quickly spread into prepared pan. Cool before cutting into squares.

SMITTENKITCHEN.COM

2 Fresh Lemon Bars

These sunshine-hued, sweet-tart bars are a picnic standby, and they're ideal for getting kids involved in the kitchen, Ceri Marsh and Laura Keogh of Sweet Potato Chronicles write. Little hands can help with pressing the crust into the pan, cracking eggs and grating the frozen butter. And, it goes without saying, they're pros at gobbling them down.

Ingredients:

- Crust**
- 2 cups flour
 - 1/3 cup wheat germ
 - 1/3 cup confectioner's sugar
 - 3/4 tsp salt
 - 2 sticks frozen butter
- Filling**
- 1 1/2 cup sugar

- 1/3 cup flour
- 1/4 tsp salt
- 3/4 cups lemon juice (I used 4 Meyer lemons)
- 1 Tbsp zest
- 3 eggs
- 1 egg yolk

Directions:

1. Preheat your oven to 350 degrees. Butter a 9x13 glass pan with a bit of butter. Mix dry ingredients for the crust. Grate the sticks of frozen butter with a cheese grater. Toss the frozen butter curls into the flour mixture until you have a mealy texture. Press the loose dough into the pan and use your hands to flatten it. Chill for 15 minutes

2. Bake the crust for 15 to 18 minutes until just beginning to turn golden.

3. Mix sugar, flour and salt



for the filling. Add lemon juice and zest and blend well. Whisk in eggs and the yolk. Gently pour filling mixture onto the hot crust. If you don't pour a small stream, the weight of the filling will dent the crust.

4. Bake for 18 to 20 minutes until the filling has just set. Allow to cool completely before slicing into squares.

SWEETPOTATOCHRONICLES.COM



This tamari-maple braised beef with soba noodles is a riot of comforting, stimulating flavours that is guaranteed to win over hearts — and stomachs. TORSTAR NEWS SERVICE

Never a bad time for our liquid gold

RECIPE

Pass the bottle: maple syrup is just as delish in savoury dishes

Ricardo Larrivée
For Torstar News Service

Full disclosure: I love maple syrup. In all honesty, I love maple anything!

Canada's liquid gold is just as delicious in savoury dishes as it is in desserts, and I've got the recipe to prove it: an incredible melt-in-your-mouth braised beef roast.

Simmered slowly with maple syrup and tamari (a perfectly balanced salty-sweet combination) and crushed peppercorns, crushed coriander seeds and hot pepper flakes, it's a riot of comforting, stimulating flavours — and oh so morish.

But it's the accompaniment that takes this divine dish to another level: a plateful of toothsome soba noodles (Japanese noodles that are made from buckwheat flour, with a thickness comparable to spaghetti) prepared with crisp snap peas, garlic, cilantro and toasted cashews.

Whether for a family meal at home or for a bigger gang at a dinner party, this dish is guaranteed to win over hearts — and stomachs!

Tamari-Maple Braised Beef

Servings: 4

Ingredients:

- Beef
 - 1 1/2 lb (675 g) boneless beef blade roast, cut into 4 pieces
- 2 tbsp (30 mL) olive oil
- 1 onion, chopped
- 1/2 tsp red pepper flakes
- 1/2 tsp crushed black peppercorns
- 1/2 tsp crushed coriander seeds
- 1/2 cup (125 mL) maple syrup
- 1/2 cup (125 mL) tamari
- 1/2 cup (125 mL) chicken broth
- 1 red bell pepper, diced
- Soba Noodles
 - 1/2 lb (225 g) soba (Japanese buckwheat noodles)
 - 3 cups (100 g) sugar snap peas, halved lengthwise
 - 2 tbsp (30 mL) vegetable oil
 - 4 garlic cloves, chopped
 - 2 tbsp unsalted cashews, toasted and coarsely chopped
 - 2 tbsp chopped cilantro

Directions:

1. With the rack in the middle position, preheat the oven to 325°F (170°C).
2. In an ovenproof pot or Dutch oven over medium-

high heat, brown the meat on all sides in the oil. Season with pepper. Set aside on a plate.

3. In the same pot over medium heat, brown the onion, adding oil if necessary. Add the spices and continue cooking for about 1 minute.

4. Return the meat to the pot and add the remaining ingredients. Bring to a boil. Cover, transfer to the oven and cook for 2 1/2 hours or until the meat is fork tender.

Soba Noodles

5. In a pot of salted boiling water, cook the noodles until al dente. Drain and oil lightly. Set aside.

6. In a skillet over medium heat, stir-fry the peas in the oil until al dente. Season with salt and pepper.

7. Add the garlic and cook for 1 minute more. Add the noodles and continue cooking until heated through. Adjust the seasoning.

8. Divide the noodles among bowls. Top with the beef and drizzle with the cooking juices. Garnish with cashews and cilantro.

Ready in
3
HOURS

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Goat's cheese vs feta

A swap of these similar cheeses can save you on salt.

PICK THIS

PC Blue Menu Goat's Milk Cheese (1/3 cup)

Calories 100
Fat 6g
Sodium 190mg



SKIP THIS

Skip: Saputo Feta Feta (1/3 cup)

Calories 160
Fat 14g
Sodium 1040mg



HERE'S WHY Equivalent in sodium to a 6 inch Steak and Cheese sub from Subway.



These soft and crumbly cheeses are favourites, especially for salads, pasta, pizza and main entrees. Both have nutritional benefits: goat cheese has twice the protein, while feta has twice the calcium. However, feta contains five and a half times more sodium than goat cheese, as it is packaged in a brine. That's close to half your daily amount.

Neptune
THEATRE SCHOOL

NEPTUNETHEATRE.COM
REGISTER TODAY! CLASSES START APRIL 1

SPRING
CLASSES

SPACE FOR MARCH BREAK CAMPS
STILL AVAILABLE. SIGN UP TODAY!



\$1,800 WEIGHT LOSS GRANT

Do You Have More than
20 lbs to Lose?

Valid For
Most
Weight Loss
Programs



- Apply Now -
Acceptance is
Guaranteed!

www.weightlossgrants.org

- No Cost or Fee to Apply
- Approval within 48 Hours
- Thousands Paid Monthly!
- See Website for Application Deadline.

Please visit www.weightlossgrants.org for full Guidelines, Terms & Conditions.

Patinkin plays part in real homeland

INTERVIEW

Spy drama is righting 'error' of its depiction of Muslims

Mandy Patinkin knows that his show *Homeland* hasn't always shown Muslims in the best light — but he says that is changing with the award-winning show's sixth season.

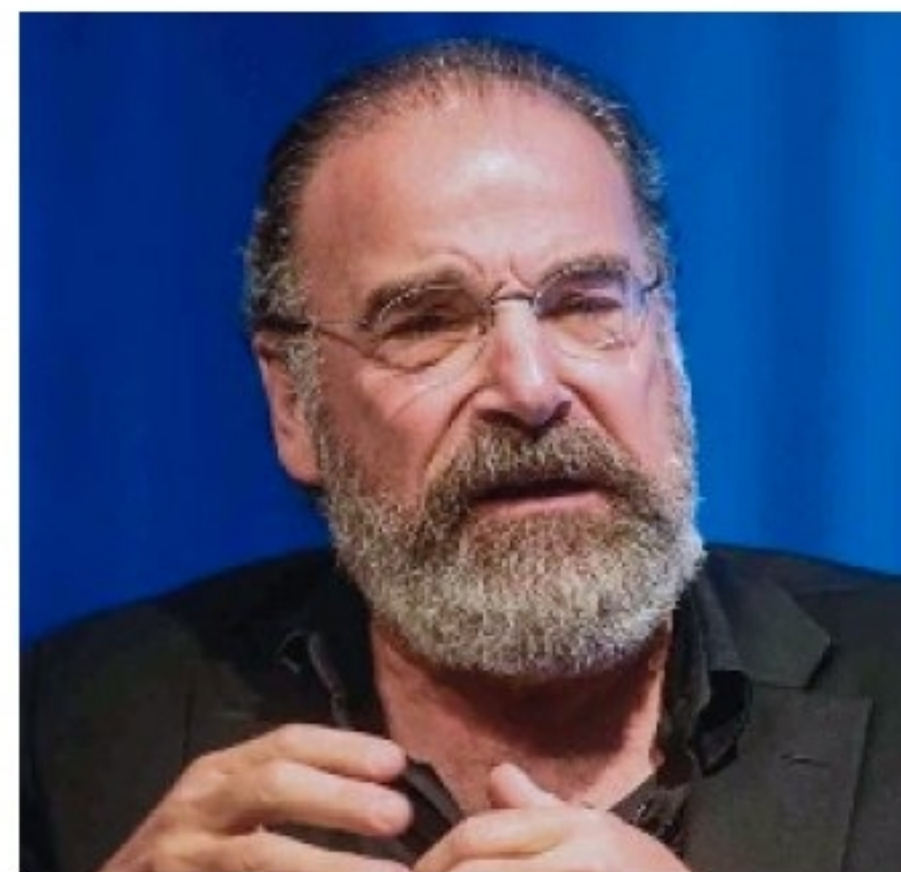
"It's deeply important to me," he said.

"In all kinds of entertainment — movies, television — there are always the bad guys; the cowboys and Indians, then the Russians were the bad guys, the Nazis were the bad guys. Now it seems like Muslim 'terrorists' are the bad guys," he said.

"So, inadvertently, because it's an action show, it's an on-the-edge-of-your-seat political drama that *Homeland* is, unintentionally we were not helping the Muslim community and we take responsibility for it. And I know I can speak for the writers when they want to right that error that happened because of storytelling."

The Showtime show, which also stars Claire Danes, is highly acclaimed but has also been criticized for its depiction of Muslims as terrorists. In the new season, Danes' character Carrie Mathison is back in the U.S., helping American Muslims.

"We're part of the problem, but we also desperately want to be part of the cure and we are working toward that in our storylines," he said. "If you watch the whole thing as



Mandy Patinkin is back as Saul Berenson for a sixth season of *Homeland*. GETTY IMAGES

a whole — when you read a novel just don't read one chapter — if you watch the whole thing as a whole, especially this season, the sixth season, you'll see who the bad guys really are and you may have surprises in store for you," he said.

Patinkin, who also praised the Muslim community for its contributions to the world's civilization, is trying to make a difference in his own life as well.

He works with refugees as part of his work with the International Rescue Committee, and he urged President Trump to be more welcoming to people displaced from war-torn countries.

Trump has revised his initial travel ban to six countries instead of seven, but they are all

from Muslim-majority nations, and it temporarily shuts down America's refugee program.

"He wants people to like him and to like America and to make America great again. America will be made great again by nourishing and encouraging people's moral and ethical nature. Encouraging their human-beingness, not their fear," Patinkin said.

"I beg the leaders of the world, of the U.S., of the European community, to stop being afraid, to start working together, to listen to the lives of these souls that are no different than your own family, who are desperately in need and to work in solidarity with their moral and ethical code and nature that I know they have."

THE ASSOCIATED PRESS



JOHANNA SCHNELLER **WHAT I'M WATCHING**

Parenting: By Mother Russia

THE SHOW: *The Americans*, Season 5, Episode 1

THE MOMENT: The self-defence lesson

American teenager Paige Jennings (Holly Taylor) is losing sleep over the knowledge that her parents Elizabeth (Keri Russell) and Philip (Matthew Rhys) are Soviet spies living under deep cover in the U.S. "I want to help you with your nightmares," Elizabeth tells her.

Elizabeth takes Paige to the garage. She pushes her shoulders, hard. Paige staggers. Elizabeth pushes her again. Paige moves away. Elizabeth follows and pushes her face. "Mom!"

Paige protests.

"You can't be afraid to hit and you can't be afraid to hit back," Elizabeth tells her. "You don't want to get hurt? You have to be willing to do anything to protect yourself. Make a fist." Paige does. Elizabeth tucks in her thumb. "Like this, always," she says.

This is a great little scene, scary not just for Paige, but for us. For four seasons, Elizabeth has been like this, always: the unwavering zealot who will do anything for Mother Russia. Here, she's not just teaching her daughter, she's explaining herself.

Russell is perfect for this character, a petite beauty yet hard as nails. Her face in this scene

is a study. You think she might feel torn about pushing her kid around, but nope. She means it.

Suddenly we get a flash of where this season is going: If Elizabeth ever had to protect herself from Paige, would she go all the way? It's a shivery thought.

That confrontation doesn't happen in this episode. But another, lesser one does. Does Elizabeth make good on her word? Damn right she does.

The Americans airs Tuesdays at 9 p.m. on FX Canada.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

First the vote, now the voice

WOMEN IN GOVERNMENT

Tackling the modern-day equivalent to suffrage: representation

Nina Dragicevic

Telephones. Bicycles. Motion pictures. All of these things have one thing in common — they were invented before a woman's right to vote in Canada.

We may take woman's suffrage for granted in 2017, but it's a current reality that was hard-won in Canada only three or four generations ago. Equal Voice — a national, multi-partisan organization based in Ottawa — now tackles the modern-day equivalent to suffrage: representation.

Electing more women to all levels of political office in Canada is Equal Voice's ultimate purpose, and this week their

Daughters of the Vote (DOV) national leadership forum brings 338 young female delegates from across the country to Ottawa — to meet, network, discuss and engage.

Today, on International Women's Day, the DOV delegates will each take a seat in Parliament to mark a century since women were first granted federal suffrage.

Camille Horton-Poole, a delegate representing Halifax, has worked for the past year and half as a legislative page at the Nova Scotia House of Assembly. She says this "amazing experience" has inspired her life's goal to work in public service in the province, and she's currently enrolled in Dalhousie's Master of Public Administration program.

"I find policy creation, analysis and implementation fascinating," she says, "and I hope to make a positive contribution in this country as a public servant."

Horton-Poole says the DOV forum is an incredible opportunity for its delegates, and

she's inspired by the opportunity to network with other politically involved young women.

"I hope that I can take in a lot of advice from women — who have been in the political world in varying capacities — about how my generation can continue working on making it more accessible to women," she says. "I also want to learn more about issues that I may not have been able to experience firsthand, due to the course of my life up to this point."

Winnipeg's delegate, Sappfyre McLeod, agrees the forum has collected "such a diverse group" and that, for her, "intersectionality is the largest women's issue for me."

"To me it's necessary that, as females, we understand that we all come from all different walks of life and that the issues we face may differ in a lot of instances," she says.

The delegate currently works for the Boys and Girls Clubs of Winnipeg and studies business administration at Red River College. She's often speaking at various events or volunteer-



Camille Horton-Poole, a delegate representing Halifax, is attending this week's Daughters of the Vote national leadership forum in Ottawa. CONTRIBUTED

ing with local non-profits and after-school programs.

"What I find most excit-

ing about the DOV leadership forum is that it will let participants — and Canada, and the

world — see quite tangibly the power and the influence that we young women have."



Today, as we celebrate women and girls across the globe, we would like to pay special attention to the following women and girls who have been recognized by generous donors through our campaign.

Ada Adams	Banington St.	Evalyn Tighe	Jennifer Welch	Liliana Quarmyne	Morgan MacKinnon	Shaba Sohail
Alana Patterson	Christa Schaffhauser	Farley Hart Thorne	Jessica Mullock	Lillian Hall	Nancy MacLean	Shirley Moir
Amnah Delahunty-Pike	Claudette Porter	Gabrielle Cullen	Joan McEwen	Linda Black	Nancy Wallace	Staff & Volunteers at
Alexis DeCoste	Corey Lewis	Georgette Moffet	Joan Shair	Lindsay MacIsaac	Nicole Fernier	LakeCity Employment
Alicia Fischer	Corina Doory	Gemma Maillat	Joann Alberstat	Lisa Hall	Nilefar Nilefar	Stephanie Duchon
Amanda Stevens	Corinne Hooper	Gemina Masters	Joanne Forest	Lisa MacDonald	Norma Greg	Susan Eldridge
Amey MacKay	Courtney Thompson	Gladness Kashoka	Joanna Green	Lori Smith	Olivia Hester	Susan Lotson
Ana Stuart	Cyndy Allen Rawling	Glen Flemming	Joanna MacDonald Burns	Lorraine Gough	Patricia Bradshaw	Tamara Jenness
Angela Grant	Cynthia Jordan	Halifax Youth and Girls	Joanna Marriott Thorne	Lorraine MacDonald	Patricia Dumais	Tara Campbell-Stewart
Angela Publicover	Dale Cordeau	Heather Hinson	Josephine Jackson	Louise Hannigan	Patricia Tighe	Tara Lynn Hughes
Anna Smith	Danielle Dionne	Heather Lin	Jodi Weisman	Lucy Kerr	Patti Davis	Taree Hammond
Anne Boswick	Darlene Boisvert	Heather MacGregor	Joselyn Lynch	Lydia Burgen	Pauline Wong	Tatjana Hinchliffe
Anne Dwyne	Darlene Pomroy	Heather Smith	Joy Dexter	Lydia Mercedes Boswick	Phyllis Smith	Taylor Velenichovich
Anne Marie Dunch	Dawnetta McDonald	Heidi Hornsman	Judith Grant	Marianne Colbourne	Rachel Forrest	Tamara Aghola
Anne Mullen	Deanna Miller	Helen Hill, In Memory	Julia Cornish	Mario Anthony	Rachel Parsons	Tara Salter
Aria Toroszek	Dabbie Martin	Helen Thomas	Julia McElwain	Marie Day	Rebecca Lumsden	Theresa Barving
Ashley Harding	Denise Klavans	Henrietta MacNeil	Karen Hurt	Marilyn Ong	Rosalie Wolff	Tiffany Mombourquette
Audrey Vincent	Devon Pollard	Irene Boswick	Karla Moore	Marion LeMoine	Rosie Fine	Tina Murphy
Avalon Sexual Assault	Diana Whalen	Ira Boswick	Kathleen Heatherington	Marjorie Lindsay	Rose Chedoke	Tina Perle
Centre Staff	Diana Ashton	Ivania Navaro	Kathleen MacKay	Mariana Dexter	Rubina Kaur	Tracy Wilson
Barbara Patterson	Dominique Fournier	IWK Auxiliary	Kathy Sloan	Mary McLaughlin	Ruth Buckley	Tracy Burgess
Both Wilson	Donna Snair	IWK Foundation & Donors	Kathy Vanderkooi	Mary Mohammed	Ryan Robson	Tracy Kitch
Billy Nodelman	Dr. Jane Norman	IWK Health Centre's Outstanding Staff, Physicians, Researchers, & Volunteers	Kelra Goss-Lachance	Mary Nicholson	Saida Gazie	Trish Rogers
Bobi MacKinnon	In Memory	Jacinta Harvey	Kelly Gaudet	Mary Samuel, In Memory	Samantha Kennedy	Vakaria Eddy
Brenda Koppe	Dr. Marjette Chiswick	Jane Smith	Kelley Shes	Maureen MacDonald	Sarah Gaudin	Verona Singer
Brenda Murray	Dr. Romana Lumpkin	Janet Power	Keri Johnson	May Chung	Sandra MacEachern	Victoria Foulger
Candace Stevenson	Dr. Stacey Schwartz	Janet VanBuskirk	Krista Dunn	Mays Fry	Sarah Bosch	Viola Davis
Candice Keller	Elaine Cadieux	Jane MacLellan-Peters	Krista Maynard	Meagan Strickland	Sangeeta Anand	In Memory
Carly MacLellan	Elayne Crasley	Jane McFarbridge	Krista Sullivan	Meghan Crawford	Sangeeta Sang	Vivian Ward
Carol Davis	Elizabeth Corkum	Joan Inkpen	Kristen Beaglund	Melissa Matheson	Sanjiv Datta	In Memory
Carol Murray	Elizabeth Gasse	Joan Marie Devaux, In Memory	Kristen Hollery	Melita Scott	Sara Whaler	Wendy MacGregor
Carol Sinclair	Emily McLeod	Jeannine Wagner	Lana MacLean	Mersey Mutsaers	Sarah Flemming	Wendy Rose
Carole Anne Tighe	Erica Kerfont	Jennifer Ashton	Laurel Broken	Michelle Merrick	Sarah Napier	YWCA Halifax
Catherine C. Brown	Erin Davis	Jennifer Forde	Lauren Hutton	Michelle Moore	Shannon Steele	GirlsSpace
Cecilia Quincho	Esther Fine	Jennifer Gillman	Leanne Pound	Michelle DiQuinzio	Shari Craig	Participants
Celestina Kooze	Esther Tse	Jennifer Thorne	Lee Ann McDonald	Michelle McKenna	Shelley MacRae	Zarah Thorpe
Charlene Gagnon	Evelyn Gillis		Leslie Gascoigne	Mia Sukonwutit	Shelley Cloy	Zelinda Rocca
Chelsey Van Rossum	In Memory		Lila Farrugia	Misty Lagga		
Children's Protectors at the YWCA Halifax	Evelyn Moy		Lisa Tighe	Mona Tomer		

If you would like to participate in our 2018 Campaign, please email c.murray@ywcahalifax.com to ensure we notify you.

International Women's Day

YWCA HALIFAX

GIRLSpace

Grant Thornton
An instinct for growth™

Business women rock city core

An enterprising group of small- and medium-sized businesses in downtown Halifax have formed a new organization called Women Rock Spring Garden (WRSP), with a goal to promote, inspire, encourage, network and support women in business.

WRSP businesses are located within a three-block radius of Spring Garden Road, a key shopping destination in the downtown Halifax core. They are also 50-100 per cent owned by women, explained Susan Alward, one of the organizers and owner of Summit Skin Care and Hair Removal.

The organization will hold its first public event during the week of March 6-12 to coincide with International Women's Day on March 8. The global initiative celebrates the social, economic, cultural and political achievements of women.

The WRSP event will highlight the women-owned businesses in the group, celebrate them and raise funds for female-focused charities. Stores and businesses will display the logo and advertise and promote the event on social media.

WRSP is a true grassroots organization that started with a few business owners chatting about all the women business owners in the area — and the opportunity to celebrate that and motivate others and network, explained Alward.



Spring Garden Road, a key shopping destination in the Halifax core, is home to several Women Rock Spring Garden businesses. CONTRIBUTED

An arm of the Spring Garden Road Business Association, almost 30 businesses have signed on with WRSP, including retailers (food, fashion, clothing and books stores) and financial and personal services providers (lawyers, financial services, health & wellness and beauty).

"We're going to network and drive business to Spring Garden but also showcase and support female entrepreneurs and do charity fundraising for female-focused charities,"

said Nicole Smith, owner of Duly Noted and Halikids.

Smith designed the organization's logo and the promotional booklet being given out during the event.

Look for the organization's logo in participating stores and businesses, and check social media for more information: facebook.com/WomenRockSpringGarden/, twitter.com/wmnrcsprnggrdn, and Instagram @womenrockspringgarden.

Women giving back

Here are charities that are being supported during the event.

- **Adsum House**
Bring wish list donations (adsumfor-women.org/ways-help/wish-list) to Rocky Mountain Chocolate Factory (receive a 25 per cent off coupon), Duly Noted and Halikids.
- **Transition House Association Nova Scotia (THANS)**
Donate gift cards, robes, pajamas, sheets and toiletries (bring donations to MDW Law on Wed., March 8) and be entered to win a gift basket of goodies from many of the Women Rock Spring Garden members.
- **YWCA Halifax**
Honour an important woman or girl by writing their name on a card and posting it — and making a \$5 donation at PAVIA Café or The Summit (which will donate one per cent of its sales for the week, too).
- **Love Wells Foundation Halifax/Obakki Foundation Brilliant Clothing**
Bring clothing donations (any brand in good condition) to Brilliant Clothing for its annual charity sale; every donation will receive a store gift voucher.

BUILDING A VIBRANT TOWN ONE STORE AT A TIME

One of the drivers of the new Women Rock Spring Garden group is to support other women in business and in all aspects of their lives. Here are some of the areas where members can help each other.

Unique skills

Women are famous for multi-tasking — running a business, minding children, managing employees and organizing fundraisers all at the same time, said Victoria Foulger, co-owner of four PAVIA Gallery Espresso Bar & Café locations and a successful catering business. "This is just normal life and for these reasons, successful women have a huge skill-set, which makes them such great business people."

Two of Foulger's Italian-inspired cafes are located in the library, and the newest location is in the Art Gallery of Nova Scotia.

Community building

"Supporting independently-owned businesses helps build strong communities and sustains vibrant town centres," said Marla Hall of Rocky Mountain Chocolate, which opened in Halifax Shopping Centre in 2014 but relocated to

Spring Garden Road soon after in order to be a part of the downtown business community.

Liz Crocker opened Woozles children's bookstore 38 years ago. The objective was to create a place for and about children, for literature, toys and music, and to be a place where everyone, young and old, in the community felt welcome. The store still has communal play tables, offers story time and workshops, and is a hub for information about community events.

Mentoring

There is so much business experience in the group.

Crocker at Woozles helped found several book stores in the U.S. and Canada and opened — and sold — a second bookstore and an environmental store called P'Lovers in Halifax, too. For the March event, Crocker is offering three free mentoring sessions to women contemplating going into business.

Alward opened The Summit in 1990 when the spa business was in its infancy. "When I tried to get a lease on Spring Garden years



Liz Crocker opened Woozles children's bookstore 38 years ago and has helped found several book stores in the U.S. and Canada. CONTRIBUTED

ago, the leasing agent had to fight to get me in. There was a feeling that a woman's business was not going to last — but I've been one of the longest running businesses on the street."

Contact

With everyone's increasing reliance on social media, there's less and less face time. The Women Rock Spring Garden group plans to

provide different ways to physically network with other people.

"You can't operate just solely in your own little world; you have to reach out, too," says Foulger.

"The plan is to all help each other as business professionals and in business," says Alward.

Come visit us as we
**Celebrate International
 Women's Day/Week!**
 March 6th - 12th



Women Rock Spring Garden is a group of Spring Garden Area businesses, 50-100% owned by women that want to inspire, encourage, network, support and promote women and girls!

All Dressed Up*	1479 Dresden Row	alldressedup.ca	MDW Law*	5657 Spring Garden Road, #300	mdwlaw.ca
Amanda Skanes Hair	1556 Queen Street	Amanda Skanes Hair on Facebook	Moksha Yoga*	1512 Dresden Row	Halifax.mokshayoga.ca
Bradshaw Pure Esthetics*	1556 Queen Street	bradshawpureesthetics.com	Pavia Café*	5440 Spring Garden Road	paviagallery.com
Breathing Space Hair	1529 Birmingham Street	@breathingspacehair on Instagram	P'Lovers	1443 South Park Street	plovers.net
Brilliant Clothing*	1539 Birmingham Street	thisisbrilliant.com	Qing Li Chinese Therapy	1535 Dresden Row, #206	qingli.ca
Camsa Inc	5475 Spring Garden Road, #701	Camsa.ca	Rocky Mountain Chocolate Factory*	5525 Spring Garden Road	Rockychoc.com
Cintamani*	5507 Spring Garden Road	cintamani.ca	Sock It To Ya*	5640 Spring Garden Rd	@shopsockittoya on instagram
Curative Massage*	1556 Queen Street	curativemassagehalifax.com	Studio In Essence*	1535 Dresden Row, #203	studioinessence.com
Duly Noted*	104-5431 Doyle Street	dulynoted.ca	Sun City Tanning Studio*	1569 Dresden Row	suncitytanningstudio.com
Elsie's Used Clothing	1530 Queen Street	@ElsiesUsedClothing on Facebook	The Summit - Skin Care & Hair Removal*	5495 Spring Garden Road, #101	summitspa.ca
HaliKids*	1453 South Park Street	Halikids.com	The Vault*	5640 Spring Garden Road	thevaultjewelry.ca
Hydrostone Osteopathy	1539 Birmingham Street	hydrostoneosteopathy.com	Thornbloom*	1459 South Park Street	thornbloom.com
In a Box Gifts*	1468 Dresden Row	@inaboxgiftshalifax on Facebook	Touch of Gold*	5640 Spring Garden Road	touchofgold.ca
Indochine Banh Mi	1551 South Park Street	indochine.ca	Wildflower Clothing*	5553 Clyde Street	wildflowerclothing.com
Kitchen Design Plus*	1526 Dresden Row #103	kitchendesignplus.ca	Woozles*	1533 Birmingham Street	woozles.ca
Le Bistro by Liz	1333 South Park Street	lebistrohalifax.com			

***These businesses will also be offering special savings and charity fundraisers.
 For more info visit springgardenarea.com/women-rock-spring-garden/**

**Women Rock Spring Garden has prepared special coupon savings and info booklets
 available at all of their members listed above from March 6-12!**

**Raising funds for: YWCA Halifax, Adsum House, Transition House Association
 of Nova Scotia and Love Wells Foundation / Obakki Foundation**

Follow us on: @wmnrcksprnggrdn Women Rock Spring Garden @womenrockspringgarden

proudly sponsored by:





VW aims to seduce with Atlas



HANDOUT

THE CHECKLIST | 2018 VOLKSWAGEN ATLAS REVIEW

THE BASICS

Engine: 2.0-litre turbo four-cylinder, 3.6L V6
Output: 235 horsepower (2.0T), 276 hp (V6)
Transmission: Eight-speed automatic
Fuel Economy (L/100 km): Not available
Price: Starts at \$35,690



LOVE IT

- Spacious
- Low starting price
- Smooth and comfortable driving dynamics

LEAVE IT

- V6 is just OK
- Interior design hit or miss

REVIEW

Will crossover be enough to gain back buyers' trust?



Sami Haj-Assaad
AutoGuide.com

The German automaker is addressing a weakness in its lineup with a new three-row crossover called the Atlas. It's not an overstatement to call the Atlas an important vehicle to Volkswagen.

Not only do they have to prove to buyers that they're a competent automaker again, but they also have to deliver in a segment that's extremely important to North Americans.

The Atlas is a big car but is based on the modular MQB platform that also underpins the Golf compact. Competing with the likes of the Ford Explorer and Toyota Highlander isn't easy, but fortunately, the Atlas starts with this well-developed platform.

In terms of handling feel, it feels agile and responsive, highlighting an ability to excel as a road trip vehicle. Don't forget that for many years VW produced the iconic Type 2 Microbus that's often remembered as the go-to cross-country cruiser.

There's a bit of that spirit here in the Atlas: the light steering is appropriate for the segment and the suspension glides over rough roads. The car comes with a turbocharged four-cylinder engine as base equipment,

sending 235 horsepower to the front wheels. Optionally, you can get a V6 engine and all-wheel drive. The V6 seems a bit underpowered at 276 horses, while the competition is closer to 300 but the eight-speed automatic transmission does what it can to put the engine in the best gear for acceleration and responsiveness.

The 4Motion all-wheel-drive system is very similar to what we've seen in the Golf Alltrack, but has some extra capability via different drive modes that can be toggled through a knob on the center console. The four modes — on road, snow, off-road and off-road custom — change settings including stability control intervention, gear changes and even the behaviour of the ABS for the best grip and traction in almost any conditions. Some, such as the on-road mode, have extra settings so you can get a drive feeling that is tailored to you.

In addition to their capability, buyers choose crossovers because of the space they offer. In this area, the Atlas really excels. Headroom in the front and second row is fantastic, but the legroom in that second row is luxurious. Furthermore, seats slide, offering those in the third row a surprising amount of space.

While full details on pricing, trim levels and specifications will be shared in April, we were told that the base Atlas will come in at \$35,690 and top out in the fifties.

While still prototypes, the Atlases we drove were extremely solid vehicles and impressed in many ways. Volkswagen is taking this market seriously, especially since it's so late to the big crossover party.

INNOVATION

Toyota's latest self-driving car will share info, get smarter over time



Jason Siu
AutoGuide.com

The Lexus LS 600hL will learn individual driver habits and benefit from shared intelligence from other cars.

Unveiled at Toyota's Prius Challenge event in Sonoma, California, the 2.0-generation advanced safety research vehicle is built on the current-generation Lexus LS 600hL and features a robust drive-by-wire interface. Toyota says the 2.0 is designed to

be a flexible, plug-and-play test platform that can be upgraded continuously and often. It is also the first autonomous testing platform developed entirely by Toyota Research Institute (TRI).

The vehicle focuses heavily on machine vision and machine learning with layered and overlapping LIDAR, radar and camera sensor array so that it doesn't have to depend heavily on high-definition maps. This is especially important since near-term systems will be designed for use in areas that haven't been mapped.

The technology stack on the

test vehicle will be used to develop both of TRI's core research paths: Chauffeur and Guardian systems. Chauffeur represents the always deployed, fully-autonomous system classified by SAE as unrestricted Level 5 autonomous and Level 4 restricted and geo-fenced operation.

Toyota says Guardian is a high-level driver assist system that constantly monitors the driving environment inside and outside the vehicle.

Its goal is to always be ready to alert the driver of potential dangers and interfering when

needed to help avoid a crash.

"Basically, it is a smart vehicle designed to get smarter over time," said TRI CEO Gill Pratt. "It will learn individual driver habits and abilities and will benefit from shared intelligence from other cars as data gathering, sharing and connectivity technologies advance. We believe Guardian can probably be deployed sooner and more widely than Chauffeur, providing high-level driver-assist features capable of helping mitigate collisions and save lives, sooner rather than later."



TRI's 2.0 advanced safety research vehicle. HANDOUT



DODGE
Caravan Kids
FROM SPONSOR OF AMERICAN ROCKET ACROSS CANADA

Wise customers read the fine print: 1. 0.9% - 5.9% The Power of Zero Sales Event offers are limited time offers which apply to retail deliveries of selected in-stock new and unused models purchased/leased from participating retailers on or after March 1, 2017. Offers subject to change and may be extended or changed without notice. All pricing excludes freight (\$1,795), air conditioning charge, license, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. 10% purchase financing for 48/60 months available on select new models to qualified customers on approved credit through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2017 Ram 1500 Quad Cab 4x4 (25A) with a purchase price of \$30,213/\$33,589 financed at 2.99% for 96 months equals 416 weekly payments of \$82/\$91, with a cost of borrowing of \$3,766.04/\$4,184.36 and a total obligation of \$33,879.04/\$37,753.36. 659,250 in total discounts is available on 2017 Ram 1500 models (excluding Reg Cab) and consists of \$7,750 in Consumer Cash and \$1,500 Ram Truck Loyalty/Conquest Bonus Cash. See your retailer for complete details. 2. Non-prime financing available on select models on approved credit. 4.99%/6.99% financing available on select 2016 models. Financing examples: Purchase Price of \$30,000 with a \$1,000 down payment, financed at 4.99%/6.99% over 84 months, equals 182 bi-weekly payments of \$189/\$202 with a cost of borrowing of \$5,418.76/\$7,753.86 and a total finance obligation of \$34,418.76/\$36,753.86. Some conditions apply. See your retailer for complete details. 3. \$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available on the retail purchase/lease of 2016/2017 Ram 1500 (excluding Regular Cab), 2015/2016/2017 Ram 2500/3500/Cab & Chassis, or 2015 Ram Cargo Van and is deducted from the negotiated price after taxes. Eligible customers include: 1. Current owners/lessees of a Dodge or Ram Pickup Truck or Large Van or any other manufacturer's Pickup Truck or Large Van. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before March 1, 2017. Proof of ownership/lease agreement will be required. 2. Customers who are skilled tradesmen or are acquiring a skilled trade. This includes Licensed Tradesmen, Certified Journeymen or customers who have completed Apprenticeship Certification. A copy of the Trade License/Certification required. 3. Customers who are Beaver/Approved service providers. Proof of membership is required. Limit one \$1,500 bonus cash offer per eligible truck transaction. Some conditions apply. See your retailer for complete details. 4. Starting From Price for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. Certain features of vehicles shown - e.g., interior colour - may not be offered on all models. See retailer for details. 5. The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

THE POWER OF ZERO

SALES EVENT



FINANCING[†]
FOR
UP TO
60
MONTHS

— PLUS UP TO —
\$9,250
IN TOTAL DISCOUNTS[§]

2017 RAM 1500 QUAD CAB SXT 4X4

\$82 WEEKLY FINANCING[†] @ **2.99%** FOR 96 MONTHS WITH \$0 DOWN

OR CHOOSE



FINANCING[†]
FOR
UP TO
60
MONTHS



Starting From Price
for 2017 Ram 1500 Sport
Quad Cab 4x4 shown: \$48,345[§]

STEP UP TO THE

2017 RAM 1500 CREW CAB SXT 4X4

FOR ONLY **\$9** MORE^{**} PER WEEK! OR CHOOSE



FINANCING[†]
FOR
UP TO
60
MONTHS



STRETCH OUT IN THE CREW CAB WITH ADDITIONAL LEGROOM



OR CHOOSE GREAT OFFERS ON 2017 RAM HEAVY DUTY
WITH AVAILABLE NO CHARGE CUMMINS TURBO DIESEL

\$9,345 VALUE

AND GET



FINANCING[†] FOR
UP TO 48 MONTHS

REBUILDING YOUR CREDIT? SPECIAL RATES AS LOW AS 4.99% OAC[™]

GUTS · GLORY



RAM

RAMTRUCKOFFERS.CA

5 COOLEST KINDS OF HOOD ORNAMENTS

The hood ornament reputedly dates all the way back to the chariots of Egyptian Pharaohs. As a sculpture on the prow of a car, though, hood ornaments evolved from the motometer. Designed as a temperature gauge, these important pieces got fancier over time and eventually became a popular way to personalize a car. Here are the five coolest hood ornaments out there. SEBASTIEN BELL/AUTOGUIDE.COM



HANDOUT

1 Humanoid

As far as we can tell, there are five basic types of ornamentation for the prow of a car, the first of which is the humanoid. Possibly the best-known style, this type uses the human form as its inspiration. These aren't just cool because they remind us of the figureheads on wooden ships, they're also almost all excellent pieces of Art Deco design. The humanoid ornament has figured prominently on Packards, and the Pierce Arrow throughout history, but the only one that could have won this category is one of the only hood ornaments that continues to adorn cars to this day: Rolls-Royce's Spirit of Ecstasy (pictured).

Not only is it beautiful, it comes with a tale of intrigue, too. Originally commissioned by a Rolls owner as a secret love note to his mistress, the sculptor was so pleased with the result that when he was asked by Rolls-Royce to design a standard ornament for the brand, he submitted the same, largely unchanged figure.



GETTY IMAGES

2 Crest

The second type of hood ornament is the crest. Like a coat of arms, this hood ornament is usually comprised of a basic shape with the manufacturer's name included. It could be argued that this type of ornament still exists, just glued flat against the car. Studebaker used the crest, as did Buick and Maybach, but our favorite is Cadillac's (pictured here).

The ornament takes its inspiration from the family crest of Antoine de la Mothe Cadillac, who founded Detroit back when it was part of New France. The crest had a crown and merlettes on it, as well as a laurel wreath, all of which referred to Cadillac's noble blood. The only problem was that he didn't really have any royal blood and he likely created the crest himself. But what more American story could there be than a person of humble origins who came to the new world and made something of themselves?



GETTY IMAGES

3 Animals

Next comes the animal ornament. Possibly the most common type, these ornaments use the attributes of beasts to make promises about the performance of a car. Like other types, animal ornaments can be about speed, but they can also be about more. Bugatti used an elephant on its Royale to speak to the scale of its massive regal limousine and also used a British Bulldog.

One of the best uses of the animal, though, was the stork on the hood of the Hispano-Suiza (pictured), based on the emblem first used by the French airforce's third squadron during the First World War.

The squadron was known as "Les Cigognes," because they reminded the French people of the storks that flew in the German-occupied Alsace region. The planes were powered by Hispano-Suiza V8s. After the war, Hispano-Suiza decided to honour the famous third squadron by using the same stork on its cars.



TORSTAR NEWS SERVICE

5 Tiny sculptures

Finally, the graven image. These are tiny sculptures made to look like a specific object. As with the abstract ornament, these were popular in America during the jet age because, as you can imagine, everyone wanted a rocket or a jet plane on the hood of their car. Again, these are mostly streamlined and Art Deco, and they were employed by brands like Moon Motor Cars and Oldsmobile.

Sometimes they aren't about speed, though, as was the case with Plymouth's early Mayflower ornament (pictured left). In its press materials, the company writes that it got its name because its products were simple, tough, and effective, like the pilgrims. In a moment of candor, though, the head of sales at Chrysler said that the company was named after a brand of baler twine, because Chrysler wanted to poach rural customers from Ford and the association to the pilgrims came later. Whatever the case, the ship is unique and looks good.



TORSTAR NEWS SERVICE

4 Abstract

Next, we come to the abstract hood ornament. Freed from the requirements of literal representation, these can represent speed or comfort or luxury with pure design. Packard experimented with such ornaments in the late '40s, as did Oldsmobile a decade before. Probably the most American type of ornament, they were popular during the jet era and speak to the nation's growing confidence.

Our favourite appeared on the Buick Super 8 line. The ornament is known as the "Bombsight" (pictured above) and first appeared in 1946 when postwar production began. It was a bold, luxurious item in a time when chrome was hard to come by. The ornament later came to include a V, to proudly proclaim that these were powered by Buick's Rocket V8, which was popular among hot rodders for its torque production.



THE 2017 ESCAPE: PART OF CANADA'S BEST-SELLING LINE OF SUVS*

2017 ESCAPE
\$3,500[‡] + \$1,000[°]
IN REBATES ON ALL ESCAPE MODELS

ELIGIBLE COSTCO MEMBERS RECEIVE AN ADDITIONAL
COSTCO
WHOLESALE
ON ALL 2017 ESCAPE MODELS



LEASE THE 2017 ESCAPE SE 4WD 201A

\$138	3.99%	60	\$3,400
EVERY 2 WEEKS	APR [†]	MONTHS	DOWN

OFFER INCLUDES \$1,790 IN FREIGHT AND AIR TAX AND \$3,500 IN REBATES

THAT'S LIKE
\$69
PER WEEK

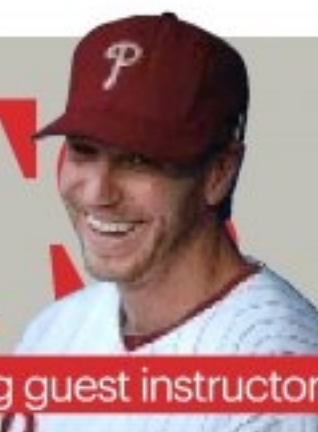
SYNC[®] CONNECT[†] • SYNC[®] 3[‡] • REVERSE SENSING SYSTEM^{‡‡} • 1.5L ECOBOOST[®] ENGINE

To learn more about your choices, head to
findyourford.ca or visit your Atlantic Ford store.

IT'S **EASY** TO
GET INTO A **FORD**

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be canceled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). *Ford is the best-selling line of SUV in Canada, based on Canadian Vehicle Manufacturers' Association statistical sales report up to year-end 2016. †Until March 31, 2017, receive \$3,500 in Manufacturer Rebates with the purchase or lease of a new 2017 Escape. Delivery allowances are not combinable with any fleet consumer incentives. ‡Offer only valid from March 1, 2017 to April 30, 2017 (the "Offer Period"), to resident Canadians with an eligible Costco membership on or before February 28, 2017. Receive \$500 towards the purchase or lease of a new 2017 Ford Focus, Fiesta, C-MAX, and \$1,000 towards all other Ford models (excluding F-150 Raptor, Shelby® GT350/GT350R Mustang, F-150 Regular Cab XL 4x2, Cutaway/Chassis Cab and F-650/F-750) (each an "Eligible Vehicle"). 2016 model year vehicles may qualify as Eligible Vehicles (excluding Fiesta, Fusion, Taurus, Explorer, Escape, Expedition, Transit Connect, E-Series Cutaway, F-150 Regular Cab XL 4x2, F-150 Raptor, F-250, F-350 to F-550, Cutaway/Chassis Cab and F-650/F-750) and depending on available inventory - see dealer for details. Limit one (1) offer per each Eligible Vehicle purchase or lease, up to a maximum of two (2) separate Eligible Vehicle sales per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. Applicable taxes calculated before offer amount is deducted. †Until March 31, 2017, lease a new 2017 ESCAPE SE 4WD 201A for up to 60 months and get 3.99% APR on approved credit (OAC) from Ford Credit Canada Company. Not all buyers will qualify for the lowest APR payment. Lease 2017 ESCAPE SE 4WD 201A with a value of \$25,789 (after \$3,400 down payment or equivalent trade-in and \$3,500 manufacturer rebate deducted and including freight and air tax of \$1,790) with an optional buyout of \$11,999, monthly payment is \$298.85, (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of \$137.93), total lease obligation is \$21,330.90. Interest cost of leasing is \$3,740 or 3.99% APR. Taxes payable on full amount of total lease financing price after Manufacturer Rebate has been deducted. Additional payments required for PPSA (RDPRM for Quebec), registration, security deposit (except in Quebec), NSF fees (where applicable), excess wear and tear, and late fees. Lease offer excludes options, license, fuel fill charge, insurance, dealer PDI (except in Quebec), PPSA (if financed or leased) (a maximum RDPRM fee of \$44 and third-party service fee of \$4 for Quebec, if leased), administration fees (except in Quebec), and taxes. Some conditions and mileage restriction of 80,000 km for 60 months applies. Excess kilometre charges are 12¢ per km, plus applicable taxes. Excess kilometre charges subject to change (except in Quebec), see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. †SYNC Connect includes SYNC Connect service for five years; after which fees apply. ‡Features/ functionality vary by vehicle/model. Don't drive while distracted. Use voice-operated systems when possible; don't use handheld devices while driving. Some features may be locked out while the vehicle is in gear. Not all features are compatible with all phones. Message and data rates may apply. Optional Navigation system map updates cannot be received via Wi-Fi and require a separate update. ‡‡Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. ® Registered trademark of Price Costco International, Inc. used under license. ©2017 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2017 Ford Motor Company of Canada, Limited. All rights reserved.

SiriusXM
Available in most
new Ford vehicles
with 6-month pre-paid
subscription.



Two-time Cy Young Award winner and former Jays ace Roy Halladay was back with the Phillies Tuesday to serve as a spring training guest instructor

Weak in the knee

BRIER

Team Canada leaning on alternate with lead ailing

Canada lead Ben Hebert called his right knee injury a little tweak. Canada skip Kevin Koe called it a torn meniscus that would require surgery.

Canada alternate Scott Pfeifer can call it an opportunity.

With Hebert watching from the back bench and Pfeifer throwing first stones, Koe guided the defending champs to an 8-5 win over Nova Scotia's Jamie Murphy at the Tim Hortons Brier on Tuesday.

A three-point eighth end helped Canada improve to 4-1 in round-robin play in St. John's N.L. Hebert is prepared to play through the pain as needed but may sit out if the injury flares up again.

"He's got a torn meniscus in his knee," Koe said. "He's going to need surgery after the season or maybe after the event depending how well we (do). So it's just trying to manage it. He'll still be playing some games but he's just not going to be able to play every game."

"We're going to need him

at the end so the decision was made to give him a game off."

Hebert, who was walking with a slight limp after the morning draw, returned to the lineup for the evening game against Alberta's Brendan Bottcher.

The 2010 Olympic champion downplayed the severity of the injury. "It's unfortunate but I'm fine," Hebert said.

"I'll play on some painkillers. No sweat. It's no big deal."

Manitoba's Mike McEwen remained unbeaten at 5-0 after topping New Brunswick's Mike Kennedy 9-7 in the early draw. McEwen, who threw at a team-

low 79 per cent, finished with three straight deuces to salvage the win.

"You're probably going to have an ugly victory here or there," he said. "That's about as ugly as you want to get."

Quebec's Jean-Michel Menard needed an extra end to edge Ontario's Glenn Howard 7-6. Jamie Koe of the Northwest Territories picked up his first win by upsetting Brad Gushue of Newfoundland and Labrador 8-4.

Northern Ontario's Brad Jacobs defeated Murphy 8-3 in the afternoon to move into second place at 5-1. Canada was next at 4-1 and Menard followed at 4-2 after his 5-4 win over B.C.'s John Morris in an extra end.

THE CANADIAN PRESS

"I'll play on some painkillers. No sweat."
Ben Hebert



BASEBALL CANADA IMPRESSIVE IN WBC TUNE-UP Canada's Pete Orr scores a run against Blue Jays catcher Jarrod Saltalamacchia in an exhibition game on Tuesday in Dunedin, Fla. Justin Morneau hit a two-run single and Canada cruised to a 7-1 win. Canada plays its first World Baseball Classic game Thursday against the Dominican Republic in Miami. JOHN RAOUX/THE ASSOCIATED PRESS

IN BRIEF

Sharpe on point in halfpipe

Canada's Cassie Sharpe ended the World Cup halfpipe skiing season with a gold medal on Tuesday, giving her momentum heading into next week's world championships.

Sharpe, from Calgary, won handily with a score of 90.80, finishing ahead of Japan's Ayana Onozuka (86.00) and France's Marie Martinod (84.00).

Martinod finished atop the overall World Cup halftime standings, while Sharpe was fourth. THE CANADIAN PRESS

Weir named assistant captain for Presidents Cup

Canadian golf veteran Mike Weir has been named an assistant captain for this fall's Presidents Cup.

International team captain Nick Price made the announcement Tuesday.

The 46-year-old Weir has played in four Presidents Cup tournaments — a biennial competition which pits the United States against a team of players from countries outside Europe — compiling a 12-9-2 record. THE CANADIAN PRESS

CHAMPIONS LEAGUE

Bayern completes rout of Arsenal

Bayern Munich completed Arsenal's Champions League humiliation on Tuesday by inflicting another 5-1 rout on the north London club, which collapsed to its heaviest loss at the Emirates Stadium after having captain Laurent Koscielny sent off.

A night that began with protests against manager Arsene Wenger ended with his side out of the competition in the round of 16 for the seventh consecutive season after the 10-2 aggregate loss.

TUESDAY In London

5	1
BAYERN	ARSENAL

Aggregate score 10-2

Wenger deflected questions about his own future by reprimanding the referee for what the Frenchman called "unexplainable and scandalous" decisions. THE ASSOCIATED PRESS

Join our Metro Reader Panel
and you could
win \$500!*

metro Learn more at metronews.ca/panel

*No purchase necessary. Entry period is Monday, February 6, until Friday, March 31, 2017 at 11:59 pm. Odds of winning depend on total number of people who enter. One entry per person. Rules available online at www.metronews.ca/panel.



Marchand at home in upper echelon

NHL

Bruins' star Nova Scotian raising game to next level

Perhaps we should have seen this coming with Brad Marchand. The 28-year-old was among the brightest of stars at the World Cup of Hockey last fall, scoring five times, including the tournament-clincher for Team Canada in the final against Europe.

Only Sidney Crosby finished

with more points. Afterward head coach Mike Babcock said Marchand was still a "pest" at heart, but added: "He keeps playing good, and if they keep the Olympics alive (in 2018), he'll have a chance there."

Marchand hasn't just kept "playing good" but taken his game to a whole different level for the Boston Bruins, morphing into one of the league's biggest stars (and an increasing lock for the 2018 Olympic team should NHL players attend).

Marchand enters Tuesday's action tied for fourth in the Art Ross trophy race, behind only

Connor McDavid, Patrick Kane and Crosby. He's already blown past career-highs in assists and points and has an outside shot of eclipsing last year's career-best 37 goals. The Hammonds Plains product, who scored in four straight games last week, is on pace for 85 points — which would be a 24-point improvement over last season.

Marchand and linemate Patrice Bergeron rank 1-2 among NHL forwards in puck possession this season, the only two hovering above 60 per cent. Underlying numbers point to the scrappy 181-pound puck hound as the

primary driver of that action.

Finally garnering first-unit power play opportunities this season, Marchand has already doubled his previous career-high for power-play points and remains one of the league's most effective penalty killers. His three short-handed goals and five short-handed points are tied for second overall heading into a Monday's divisional clash with Ottawa.

He won't win it, but Marchand has earned at least consideration for the Hart trophy, an improbable reality for a player picked 71st overall at the 2006 draft.

THE CANADIAN PRESS



Bruins star Brad Marchand, centre, mingles with his fellow NHL all-stars last month in Los Angeles. BRUCE BENNETT/GETTY IMAGES

SERVICE DIRECTORY

To advertise contact 902-421-5824

MARCH 8

MASSAGE THERAPY

John Panter,
Certified Rolfer™



Are you
tired of
chronic
pain...?

902 425 2612 • fareast@auracom.com

SPIRITUAL



**Good News
Chapel**

Casual coffee house
atmosphere with worship,
sharing & Bible message

Wednesdays 7pm

Souls Harbour Rescue Mission
5568 Cunard Street

**COME AS YOU ARE
ALL ARE WELCOME**

RECRUITMENT

LOOKING FOR A NEW SALES CAREER?

OPEN HOUSE HIRING EVENT

Bring your resume to meet with Hiring Managers

**Thursday March 9, 2017
9:30 - 11:30am & 4 - 7pm**

70 First Lake Dr., Lr. Sackville

Inside Sales positions available with Quill

Competitive Salary • Bonus Plans • Stock Purchase
Options • Benefits • RRSP • Career Growth • Free Prkg

Visit <http://globalcareers.staples.ca/search-jobs/> to apply. Search job #1006419

STAPLES

PSYCHIC SERVICES

INDIAN ASTROLOGER PANDIT: SEETHARAM



Expert in Patra Reading,
Open Book, Palm, Reading,
Horoscope Photo Reading,
Face Reading, Name &
Date of Birth. Pandith is Expert in
Removing Black Magic, Generation
Curses, Black Hearts, Voodoo,
Jadoo, Butu, Witchcraft, Obeau, Evil Spirits & Bad Luck.



Are you Suffering from any of the Following Problems?

- Black Magic
- Evil Spirits
- Bad Luck
- Reunite Lovers
- Stop Divorce
- Depression
- Psychological
- Business
- Work Problems
- Financial Problems
- Wife & Husband Pro
- Children Mistakes
- Court Cases
- Mortgage
- Drinking Problems
- Health Protection
- House Protection
- Childless Couples
- Sexual Problems
- Lottery
- Success in Life

902-401-1460

Open 7 Days 10am-8pm Call for appointment
HALIFAX, NS

ACCOUNTING SERVICES

additup
personal & corporate & trust accounting services

Bookkeeping
Personal and
Corporate Taxes
Year End Financial
Statements

Angela Pellerine, CPA CMA

902-499-8076

additupinc@hotmail.ca

MOVERS

**ECONOMY
MOVERS**

902.219.9957

17' Truck
2 Movers
\$75 / hr

INSURANCE COMPANY

WIN A TV
with Allstate Insurance

Call us for a quote today for your
**CHANCE TO WIN A
55" SMART TV!**

Refer your friends (with their consent) for
a quote for even more chances to win!"

Allstate Insurance Company of Canada

WEDGEWOOD PLAZA
117 Kearney Lake Rd Unit 14
902-703-2159
Halifax@allstate.ca

BEDFORD COMMONS
181 Damascus Rd Unit 6B
902-701-3078
Bedford@allstate.ca

DARTMOUTH CROSSING
59 Gale Terrace
902-703-2160
Dartmouth@allstate.ca

*Terms and conditions apply. No purchase necessary. Entrants must be 18 years of age or older and have the consent of the individual referred in order to submit a referral. The individual must have a personal or family relationship with the entrant. Prize consists of one (1) Toshiba 55" Smart TV valued at \$699.99. Mathematical skill testing question required. Prize Draw ends on April 30, 2017. Offer valid from February 24, 2017 to April 30, 2017. Trademark owned by Allstate Insurance Company used under licence by Allstate Insurance Company of Canada. ©2017 Allstate Insurance Company of Canada.

COMMERCIAL SPACE



**Hold the keys to your new
commercial lease space today!**

HERRING COVE ROAD

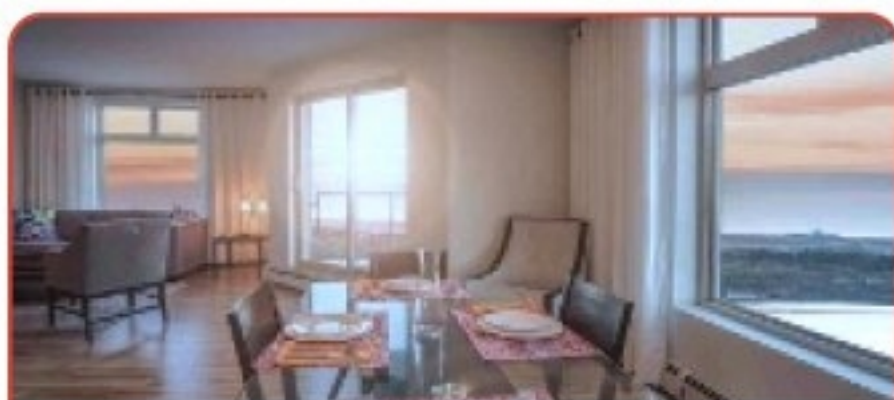


5,000 Sq Ft

902-429-6227 ext. 200

katelyn.darrigan@gemhc.com

gem
HEALTH CARE GROUP

APARTMENTS


Open House
This Weekend

THE ABIGAIL

Open House 10am - 6pm Daily • 56 Jacob Lane, Bedford
Call 902-402-2591 or visit universalgroup.ca

Belmont Court Apartments

Completely renovated, spacious apartments
with large balconies near everything
Cole Harbour has to offer!

Clean & Quiet	Affordable Rates
Dedicated Parking	On-site Superintendent
On-site Laundry	Great Neighbours

957 Cole Harbour Road, Dartmouth
902-425-5777 • belmontcourt.ca



A better place? **Yes way.**

Apartments that are locally owned,
community-minded and quality inspired.

UNIVERSAL
REALTY GROUP

Find your apartment online at universalgroup.ca
or call (902) 425-8877 to view today.



22 & 40 BEDROS LANE HALIFAX | 2BR Available - \$1,210/mth
Condo-styled living overlooking Bedford Basin • Six appliances.
Ceramic and Laminate Flooring • In-Suite Laundry
Fitness Centre • Underground Parking
Close to all amenities • Walking trails

Ask for our Early Move In Incentive!

FIND MY PLACE TO LIVE!
902-402-2915 or 902-431-8028

www.metcap.com



SALTER'S GATE APARTMENTS

5150 Salter Street

"the best of downtown living"



- 2 bedroom apartments available
- terraces & harbour views available
- designer finishes
- blinds on all windows
- heat & hot water included
- 6 appliances incl. in-suite laundry
- secure, interior parking available
- fitness facility

greenwoodlane.com • 902-423-2279

NEWLY RENOVATED UNITS

1, 2 & 3 BR units

Located on Churchill Crt & Roleika Dr. Dartmouth

**Close to Schools, Buses
and All Amenities!**

1 Bedroom now \$575

2 Bedroom now \$620

2 Bedroom + Den now \$809

3 Bedroom now \$809

**Call today 902-462-3544
or 902 830-4851**

PineRentals@gmail.com

APARTMENT FOR RENT

54 JACKSON ROAD • DARTMOUTH

Spacious 1 BR apartments. Mature/adult
building close to amenities and bus routes.
Heat/HW & Parking included

\$550

902-489-5868 • halifaxapartmentrentals.ca

Visit metronews.ca

metro

**CALL
TODAY**
to see your
ad here!
902-421-5824

MAKE IT TONIGHT

Fast Vegetarian Skillet Lasagna



PHOTO: MAVA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

Achieve maximum comfort food satisfaction with minimal mess when you whip up this one-pan dinner.

Ready in 20 minutes

Prep time: 10 minutes
Cook time: 10 minutes
Serves 6

Ingredients

- 1 tbsp olive oil
- 1 onion, diced
- 3 cloves garlic, minced
- 1 medium zucchini, diced
- 1 tsp dried oregano
- salt and pepper
- 6 to 8 mushrooms, sliced
- 1 x 19 oz can of tomatoes
- 1 cup water
- 8 oz (250 grams) of dried pasta like farfalle
- 1 cup grated mozzarella
- 1 cup ricotta
- small handful of fresh basil

Directions

1. Warm up olive oil in a large skillet over medium heat. Add onions and garlic and allow to soften, about 3 minutes. Toss in zucchini, mushrooms and oregano. Stir occasionally until vegetables start to soften. Season with salt and pepper to taste.

2. Add tomatoes and break with the back of a spoon. Pour in water. Stir and bring to a simmer.

3. Pour pasta into the sauce and make sure it is submerged. Allow to simmer 15 minutes, stirring so it doesn't stick to the bottom.

4. When pasta is just about cooked, stir in mozzarella. Spoon ricotta over top of the dish. Cover the skillet for about 3 minutes to allow the cheese to warm through and soften. Sprinkle fresh basil before serving.

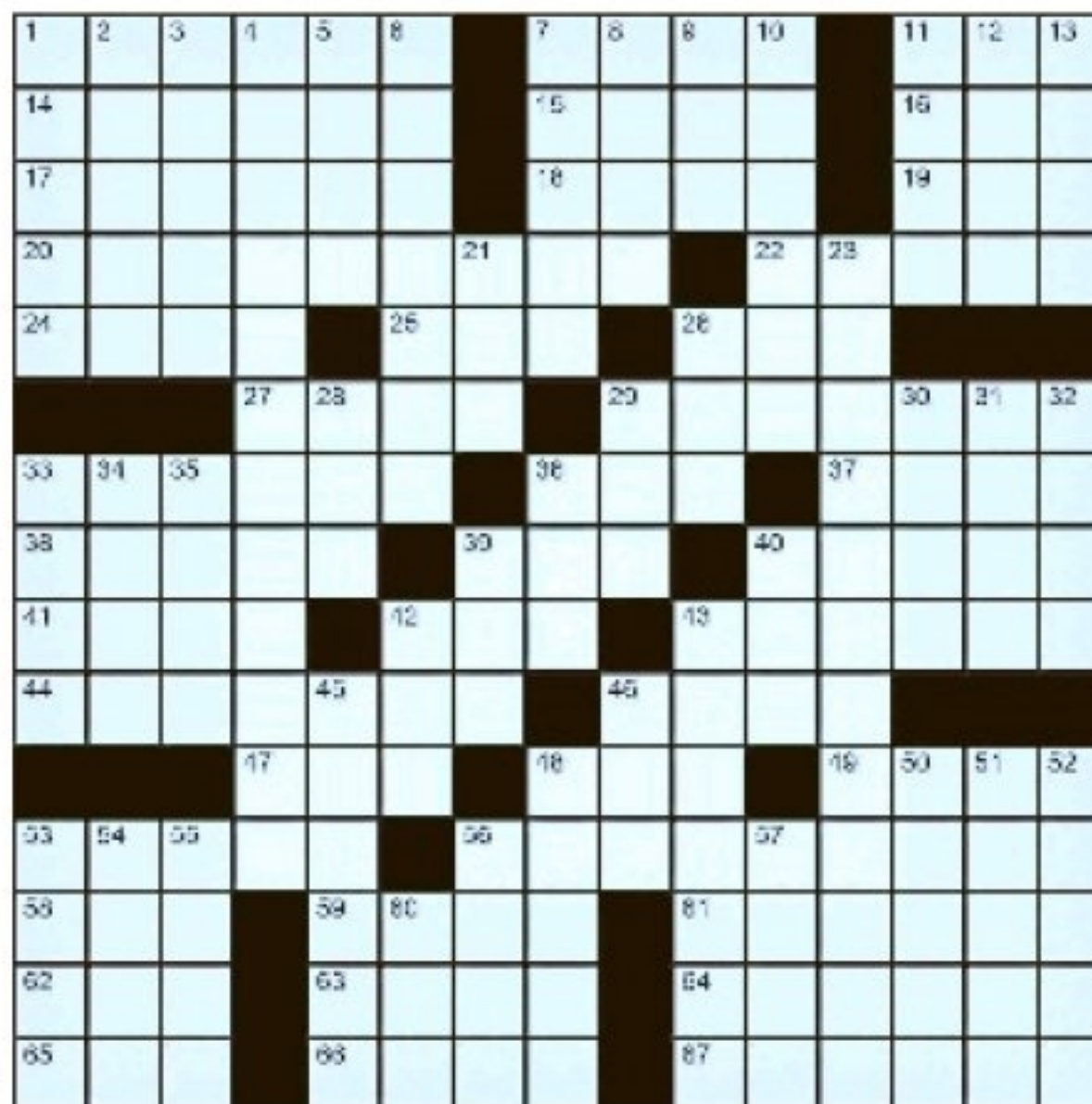
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Cucumber/lettuce/tomatoes concoctions
7. Member of Mary's flock
11. Intl. clock standard
14. Turn teary: 2 wds.
15. Corn lily
16. Impatient shout!
17. Shakespeare: Henry V character married to the King of France
18. Plug
19. Bakery bread
20. "___ When We Touch" by Toronto-born singer Dan Hill
22. Flower
24. Box
25. Ford, for one
26. Sainte-___ (Quebec City sector)
27. US Congressman Mr. Gowdy
29. Family tree member
33. Mistake/slip, in Latin
36. Don't hire a pro, e.g.
37. Sort of word
38. Decrease
39. Peat
40. Newfoundland: Norway-like feature in Gros Morne National Park
41. "Perry Mason" star Raymond
42. Pottery creation
43. Out of sorts
44. Highlights in hair
46. Second-year student [abbr.]
47. Chicago trains
48. Poetically



- distant
49. Beaks
53. "Because the Night" songstress Ms. Smith
56. Wonderful
58. Cowboy's command!
59. Chew away
61. Consumption

62. Flora's mother in "The Piano" (1993)
63. Musical instrument, French
64. Shut
65. Mr. Savalas, for short
66. 2, 2, 2, 2, 2
67. Most reasoned

DOWN

1. The ___ Alps
2. Fabled name
3. Animal of The Andes
4. Thoroughfare in downtown Ottawa: 2 wds.
5. Two singers/One song

6. Edits the film in a way
7. 'In' indefinitely inmate
8. Foe of the Allies in World War II
9. Rich money amt.
10. Rocky ___ (Sylvester Stallone role)
11. Pita serving of

- #7-Across
12. Hellmann's, e.g.
13. "Gloria" band from Belfast
21. British Prime Minister, Theresa ___
23. For Better or For Worse cartoonist: 2 wds.
26. Stir-___
28. Ms. McClanahan
29. Actor Mr. Young
30. Jim Morrison, for one
31. Knit one ___ two...
32. Raggedy Ann's pal
33. Research rooms, e.g.
34. Edge
35. Catherine ___ (Wife of Henry VIII)
36. Lassie, for one
39. "___ Stop" by The Hollies
40. Fashionable dresser
42. Writer Ms. Rowling's
43. ___ Pilate, "Jesus Christ Superstar" (1973) role
45. Dismount
46. Little Ricky, to Lucy
48. Dullsville declarations
50. Stage: French
51. Cycles
52. Fragrance
53. Excellent, in slang
54. ___de-camp
55. Greenish-blue
56. Betting card game
57. "___ and the King" (1999)
60. Not later

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Be patient with family members today to avoid squabbles and arguments. (This is not a good way to start your day — or anyone else's.) Be chill.

Taurus April 21 - May 21
If you can get past some tension this morning, the rest of the day will be quiet and comforting. In fact, you will want to cocoon at home if you can.

Gemini May 22 - June 21
Money disputes or an argument about something you own might occur this morning. Try to move past it so that you can enjoy a busy day full of errands and fun.

Cancer June 22 - July 23
People are touchy this morning. Give them a wide berth. Later in the day, you will be focused on money and cash flow. Ka-ching.

Leo July 24 - Aug. 23
This morning it's easy to be grumpy. However, soon the Moon moves into your sign, which gives you an advantage over everyone else. Enjoy your good fortune.

Virgo Aug. 24 - Sept. 23
Avoid morning arguments with a female acquaintance. Later in the day, do some research or find some privacy, and enjoy being on your own.

Libra Sept. 24 - Oct. 23
You like to keep the peace. Therefore, avoid arguments in the morning, because the rest of the day is warm and friendly.

Scorpio Oct. 24 - Nov. 22
Steer clear of sensitive subjects like religion, politics and racial issues this morning. Later in the day, bosses, parents and VIPs will talk about you for some reason.

Sagittarius Nov. 23 - Dec. 21
Disputes about shared property might arise this morning. Let these go, because what you really want to do is get out and have a change of scenery today. Do something different.

Capricorn Dec. 22 - Jan. 20
Be patient with partners and close friends this morning to avoid arguments. Later today, you might ponder how your values are different from the values of others.

Aquarius Jan. 21 - Feb. 19
You have to go more than halfway when dealing with others today because the Moon is opposite your sign. This simply requires a little patience, tolerance and cooperation.

Pisces Feb. 20 - March 20
Avoid disputes at work this morning. You don't need this! Later today, you will play and schmooze with others, as well as delight in sports or playful activities with children.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



DOWNLOAD METRO'S NEW APP NOW

•LOCAL NEWS • VIEWS •LIFE • SPORTS

OFFLINE READING

>>>

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games



DARTMOUTH HYUNDAI DIFFERENCE.

THE DARTMOUTH HYUNDAI ADVANTAGE



Kevin Clark
#1 in Hyundai Sales +
O'Regan's Top Sales,
over 3 years running



Greg Dugal
O'Regan's Group Top
Sales Designation,
YouTuber in training



Jeff Myers
O'Regan's Group Top
Sales Designation,
bringing the 70's
back



Pamela Turner
Certified Newfie,
O'Regan's Group Top
Sales Designation



Henry Phung
O'Regan's Group Top
Sales, even better
service



Jeff Black
Professional online
rating of 4.95 of 5
stars



**Tammy
McFarlane-Davie**
Local Dartmouth
Convergys Alum,
Scouter & Mom



David Loughead
Customer
Satisfaction Winner,
golf pro, go pack go



Jon Nolet
Genuine service,
lover of loud music
and digital media



Adam Chater
Customer Satisfaction
Winner, local boy,
winning smile



Gary Jia
中文服务, 微信
号: Jiashuxi_2005
(WeChat)



Matt Ryder
#1 Sales in Training,
very strong sweater
game

DEALER RATER REVIEWS

"Awesome service and no
pressure, made buying painless!"

"Easy, stress free,
and enjoyable."

"Made buying my first
car a great experience!"



★★★★★
DEALERRATER.CA : 4.9/5
★★★★★
FACEBOOK : 4.4/5
★★★★★
GOOGLE : 4.3/5

The All-New 2017 Elantra



UP TO
\$2,300
OFF!



0%
for 84 Months

LEASE FOR ONLY	AT	FOR
\$78*	0%	39
BI-WEEKLY	DOWN	MONTHS

2017 Santa Fe **SPORT**



UP TO
\$3,000
OFF!

FINANCE AS LOW AS	FINANCE AS LOW AS
\$162*	\$138*
Santa Fe AWD PREMIUM	Santa Fe FWD 2.4L
BI-WEEKLY/96 MOS.	BI-WEEKLY/96 MOS.
\$0	\$0
DOWN	DOWN



O'REGAN'S
DRIVING HIGHER STANDARDS®

**DARTMOUTH
HYUNDAI**

60 BAKER DRIVE, UNIT - D
902-465-7500
oreganshyundaiddartmouth.com



*All payments are plus freight, fees, and taxes.
See dealer for details.